

# WELCOME

ST BENEDICT'S CATHOLIC PARISH — 21 APRIL 2024



*"The Love of Christ must come before all else." (Rule of St Benedict)*

## WEEKLY SERVICES

### Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)  
FRIDAYS @7AM**



### Reconciliation:

Sat: 4.30PM - 5.30PM

### Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

### Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

### Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm

### Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am

**Baptisms:** By appointment

**Marriages:** By appointment

### Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: [www.stbenedicts.net.au](http://www.stbenedicts.net.au)

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): [applecross@perthcatholic.org.au](mailto:applecross@perthcatholic.org.au)

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): [office.applecross@perthcatholic.org.au](mailto:office.applecross@perthcatholic.org.au)

Parish Priest: Fr Nelson Po

E (Fr Nelson): [nelson.po@perthcatholic.org.au](mailto:nelson.po@perthcatholic.org.au)

### BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

### PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

## FOURTH SUNDAY OF EASTER, YEAR B

### GOSPEL REFLECTION BY ~~Dianne Bergant~~ CSA

This Sunday is traditionally known as Good Shepherd Sunday. Two major themes emerge from the readings: an image of the one who saves; and the power of salvation itself. The one who saves is not a mighty warrior who comes in military array. In fact, he is the one who was rejected, who was hunted down, humiliated, tortured and hung naked on a tree, there to die in shame. The one who saves is the cornerstone of the building, holding it together, forming a firm foundation so that the structure will not collapse. The one who saves is a lowly shepherd, entrusted with sheep, not with the affairs of state. The one who saves is an unlikely saviour. This characterisation should give us pause. Is it possible that we have been looking for a saviour in the wrong places?

God's saving power flows from steadfast covenant love. It broke open the world in the death and resurrection of Jesus and it overflows as healing grace. The saving power in the name of Jesus, a name that itself means 'saviour' (cf. Matt 1:21), is for all people, even for those sheep who do not yet belong to this fold. Furthermore, it is for all time; God's mercy endures forever. Through our baptism we can bring the saving grace of God to a world in desperate need of healing. We can do this in our families, in our local communities, in the workplace, in so many situations of our lives.

@ Dianne Bergant CSA



The good shepherd is one who lays down his life for his sheep.

John 10:14

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**Pastoral Care:** Yunita Lay  
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### PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli,  
Frances Meyerkort &  
Phil Trueman.

**Email contact:**

[applecross.safeguarding@gmail.com](mailto:applecross.safeguarding@gmail.com)



PARISH NOTICES

EVENTS

- ◆ 20-21 APRIL — LAUNCH OF ADSUMUS INITIATIVE
- ◆ 21 APRIL — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS
- ◆ 23 APRIL — PARENT ONLY SACRAMENT THEOLOGY FOR EUCHARIST @6.30PM HOSPITALITY & @7PM TALK
- ◆ 25 APRIL — ANZAC DAY MASS @9AM
- ◆ 27 & 28 APRIL — COMMITMENT MASS FOR EUCHARIST, SATURDAY @6PM & SUNDAY @9.30AM MASSES
- ◆ 2 MAY — ALPHA @6.30PM-8.30PM (LAST SESSION)
- ◆ 3 MAY — FIRST FRIDAY FRIENDS @11AM
- ◆ 4 MAY — BUSY BEE @8AM-11AM

ADSUMUS

As God calls each of us to love our neighbour, we are reminded that from the moment of our baptism, we began to share our place in the sheepfold. This weekend we begin the Adsumus initiative, a journey to find the best way to share our gifts, talents and even weaknesses so that we may continue to live out the call to love.

**ADSUMUS Initiative for Parishes — Launch Date: 20-21 April 2024**

The Parish Renewal Office of the Archdiocese under the guidance of Bishop Don Sproxton has started organising a trial run of the new ADSUMUS initiative for parishes. This initiative hopes to revitalise, renew and develop our parishes so that they can operate more effectively as the communities our God needs them to be in today's world.

ADSUMUS is taken from the prayer recited before every session of the Second Vatican Council held from 1962-1965. The opening line of the prayer 'Adsumus Sancte Spiritus', put simply, means "Here We Are O Holy Spirit."

This initiative will assist each of us in coming to a truer understanding of our role and identity as parishioners so that we may discern the unique contribution each of us can make to the life of the parish. The hope is that by working together – sharing our gifts and talents - we will become a stronger faith community.

Our parish of St Benedict's has been chosen as one of four parishes to trial this initiative. As we launch ADSUMUS on the weekend of the 21<sup>st</sup> April, we ask the Holy Spirit that this journey we begin soon will bind us all in a stronger, loving community.

YOUTH CORNER

Youth Mass — 11 May @6pm

COOKIES, CUPPA & CHAT  
SUNDAY, 21 APRIL 2024  
AFTER 9.30AM MASS



THE CAKE SALE OF THE CENTURY!

Applecross Vinnies will be holding a cake stall on Sunday the 21st of April, after the 7.30am and 9.30am masses. There will be culinary delights for sale, the proceeds of which will help us to raise money for some urgent projects.

Donations can also be made by way of the poor box at the rear of the church. If you would like to get a receipt for tax purposes, please ring Vinnies head office on [6323 7500](tel:63237500) and provide your credit card details and request a receipt – BUT please make sure to indicate that the donation should be applied to the Applecross Conference.

OUR QUARTERLY REPORT is at the rear of the church next to the newsletter. Please feel free to collect one and see what Vinnies has been doing in our region.

PARISH BUSY BEE

Gardening & Window Cleaning



SATURDAY, 4 MAY @8AM—11AM  
PLEASE COME ALONG AND HELP

ANZAC DAY MASS

@ 9AM



FIRST FRIDAY FRIENDS

The next First Friday Friends function on 3 May will be a normal gathering @11am in the Fr Albert Lynch room. All are welcome to attend and if you are staying for lunch please bring along a savoury plate to share.

No First Friday Friends in June 2024.

Any queries just give Maureen a ring on 0413 831 357.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Sr Carla, Truus Botman, Ng Chai Hong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odoriso, Michelle O'Brien, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Mega Limadinata, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson and all others who are not included in this list. Thank you.



PLEASE PRAY FOR RECENTLY DECEASED:

Mary de Cruz — Funeral: Saturday 4 May 2024 @10am.  
Ricardo Cacho

ANNIVERSARIES:

Margaret Firms, Reg Firms, Katharina Clarke, Jim Bailey, Mona Hodge, Maria Longo, Ros Watson, Mauro Judicibus, and all deceased benefactors of the parish and all departed family and friends. Thank you.



**SAFEGUARDING INDUCTION TRAINING – LEVEL 1**

Tuesday 23 April @7pm - Online  
 Tuesday 30 April @2pm - Online  
 Tuesday 7 May @7pm - Online  
 Thursday 9 May @1.30pm & 6.30pm - Armadale Parish, 279 Forrest Rd, Hilbert  
 Tuesday 14 May @2pm - Online  
 To register <https://safeguarding.perthcatholic.org.au/training/#induction>.  
**Further info:** [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or 08 9221 7762.

**27 Apr HEALING MASS - VOICE OF THE VOICELESS MINISTRY**

The next Healing Mass and Adoration of Voice of the Voiceless Ministry of St John Paul II will be held on **Saturday, 27 April, Our Lady Help of Christians Parish, 43 Camberwell Street, East Victoria Park**. Songs of worship and praise will commence at 11.30am to be followed by Mass at 12noon. All welcome. **Further info:** Cathy 0419 162 544.

**05 May TIME TO CONSIDER THE PRIESTHOOD**

*"A place where God calls you to go to, is a place where God wants you to be!"*  
**Sunday 5 May 9am to 1.30pm, St Charles Seminary, 30 Meadow Street, Guildford**. Brunch included. For men 17 years and older.  
 RSVP, [stcharlesseminary@perthcatholic.org.au](mailto:stcharlesseminary@perthcatholic.org.au) or 08 9279 1310.

**WORLDWIDE MARRIAGE ENCOUNTER**

Would you like to give yourself and your spouse quality time over a weekend that will focus on love, communication and relationship? We invite you to attend a Worldwide Marriage Encounter Weekend. Coming Weekends:  
**20/21 April - Live-out. Tuart Hill**  
**9/10 November - Live-in. Currumbine**  
 A WWME Weekend may be the best gift you can give to each other. For more information about coming Weekends contact Brendon or Valerie on 0493 534 865. Email [WAb bookings@wwme.org.au](mailto:WAb bookings@wwme.org.au) Visit [www.wwme.org.au](http://www.wwme.org.au)

**PILGRIMAGE TO EUROPE INCLUDING MEDJUGORJE. (It has been reported Our Lady has been appearing daily in Medjugorje from June 1981 and daily to this present day.)** Expressions of interest are invited for pilgrimage departing Perth **October 2024**. for Europe including Medjugorje. Spiritual Director Rev. Fr. Doug Harris. Full itinerary, departure date and pricing available within 14 days. Limited seats available. Enquiries email [medjugorjewa1981@gmail.com](mailto:medjugorjewa1981@gmail.com) mob 0407 471 256.

**Presence**

God is with me, but more,  
 God is within me, giving me existence.  
 Let me dwell for a moment on God's life-giving  
 Presence in my body, my mind, my heart  
 and in the whole of my life.

**Freedom**

Everything has the potential to draw forth from me a fuller love and life, yet my desires are often fixed, caught, on illusions of fulfillment.  
 I ask that You, God, through my freedom, may orchestrate my desires in a vibrant, loving melody rich in harmony, in accordance with Your will.

**Consciousness**

Knowing that God loves me unconditionally, I look honestly over the last day, its events and my feelings. Do I have something to be grateful for? Then I give thanks. Is there something I am sorry for? Then I ask forgiveness.

**Inspiration**

The shepherd imagery is used prominently in scripture to illustrate God's love and concern. God's personal relationship is at the heart of it - 'I know my own and my own know me'. May we grow in that relationship so that we, in turn, are good shepherds for others in life.

The Good Shepherd lays down his life for his sheep. Jesus lived that out in his love and concern for us. He desires unity among us all as his followers. As the lost sheep of this age, we ask the Lord to gather us and direct us to the abundant life he promises.

**Conversation**

Remembering that I am still in God's presence, I imagine Jesus Himself standing or sitting beside me, and say whatever is on my mind, whatever is in my heart, speaking as one friend to another.

**Conclusion**

I thank God for these few moments we have spent alone together and for any insights I may have been given concerning the text. **Amen**

CHILDREN'S CORNER

Use the following words to find out what Jesus said his disciples.

I am the \_\_\_\_\_  
 I know my own \_\_\_\_\_ and they \_\_\_\_\_  
 me, just as the \_\_\_\_\_  
 knows me and I know the Father.  
 I lay down my \_\_\_\_\_ for my sheep.

shepherd  
 Father  
 life  
 good  
 sheep  
 know

Help gather all the sheep by connecting them together using only straight lines - including diagonal lines. But do not pass through fences or wolves . Complete the word below by adding each letter as your connecting line passes through it.

START

	S				
		H			
	H			E	
E			P		
	R			D	

FINISH

**Church/School Parking – Reminder**  
 Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church. Thank you.**

Please Do Not Drive Or Park On Grass

**NEXT WEEK'S READINGS: 5th Sunday of Easter, Year B**  
**1st:** Acts 9:26-31      **P:** 21:26-28, 30-32  
**2nd:** 1 Jn 3:18-24      **Gospel:** Jn 15:1-8

READINGS FOR THE DAY

**Entrance Antiphon** *Cf Psalm 32:5-6*

The merciful love of the Lord fills the earth;  
by the word of the Lord the heavens were made, alleluia.

**First Reading** *Acts of the Apostles 4:8-12*

A reading from the Acts of the Apostles

*This is the only name by which we can be saved.*

Filled with the Holy Spirit, Peter said: 'Rulers of the people, and elders! If you are questioning us today about an act of kindness to a cripple, and asking us how he was healed, then I am glad to tell you all, and would indeed be glad to tell the whole people of Israel, that it was by the name of Jesus Christ the Nazarene, the one you crucified, whom God raised from the dead, by this name and by no other that this man is able to stand up perfectly healthy, here in your presence, today. This is the stone rejected by you the builders, but which has proved to be the keystone. For of all the names in the world given to men, this is the only one by which we can be saved.'

**Responsorial Psalm** *Ps 117:1. 8-9. 21-23. 26. 28-29. R. v.22*

(R.) The stone rejected by the builders has become the corner-stone.

1. Give thanks to the Lord for he is good,  
for his love has no end.  
It is better to take refuge in the Lord  
than to trust in men:  
it is better to take refuge in the Lord  
than to trust in princes. (R.)
2. I will thank you for you have given answer  
and you are my saviour.  
The stone which the builders rejected  
has become the corner stone.  
This is the work of the Lord,  
a marvel in our eyes. (R.)
3. Blessed in the name of the Lord  
is he who comes.  
We bless you from the house of the Lord;  
I will thank you for you have given answer  
and you are my saviour.  
Give thanks to the Lord for he is good;  
for his love has no end. (R.)

**Second Reading** *1 John 3:1-2*

A reading from the first letter of St John

*We shall see God as he is.*

Think of the love that the Father has lavished on us,  
by letting us be called God's children;  
and that is what we are.

Because the world refused to acknowledge him,  
therefore it does not acknowledge us.

My dear people, we are already the children of God

but what we are to be in the future has not yet been revealed;  
all we know is, that when it is revealed  
we shall be like him  
because we shall see him as he really is.

**Gospel Acclamation** *John 10:14*

Alleluia, alleluia!

I am the good shepherd, says the Lord;

I know my sheep, and mine know me.

Alleluia!

**Gospel** *John 10:11-18*

A reading from the holy Gospel according to John

*The good shepherd lays down his life for his sheep.*

Jesus said:

'I am the good shepherd:

the good shepherd is one who lays down his life for his sheep.

The hired man, since he is not the shepherd  
and the sheep do not belong to him,  
abandons the sheep and runs away  
as soon as he sees a wolf coming,  
and then the wolf attacks and scatters the sheep;  
this is because he is only a hired man  
and has no concern for the sheep.

I am the good shepherd;

I know my own

and my own know me,

just as the Father knows me

and I know the Father;

and I lay down my life for my sheep.

And there are other sheep I have

that are not of this fold,

and these I have to lead as well.

They too will listen to my voice,

and there will be only one flock

and one shepherd.

The Father loves me,

because I lay down my life

in order to take it up again.

No one takes it from me;

I lay it down of my own free will,

and as it is in my power to lay it down,

so it is in my power to take it up again;

and this is the command I have been given by

my Father.'

**Communion Antiphon**

The Good Shepherd has risen,

who laid down his life for his sheep

and willingly died for his flock, alleluia.

MINISTRY SCHEDULE — 27 & 28 APRIL 2024

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	SIMON CARRICK	BARRY FARRELL	TERRY MEO	PETER MOORE
ALTAR SERVERS	MATTHEW & JORDAN TRUEMAN ETHAN TSIA	IHINOSEN & ESEOSE ITOTOH	CHARMAINE VOGLER HAILEY CORREIA LETICIA AVERY	SACHA AUTON MICHAEL & STEFAN ELHAJ
COMMENTATORS	ELAINE DIAS	SALLY HOBDAY	TERRY BOLAND	GLENDA BEUKES
COLLECTORS	STEFANI CHEN STEPHEN DONOVAN	GERRY DOYLE	MARGARET SANDFORD	JOE CINANNI MARIA NARDONE GRAHAM KNIGHT
READERS	AYLMYR SEQUEIRA LEO REGO	RITA ILICH JACQUIE HERON	JUDY PHILLIPS PAUL MENEZES	PATRICIA ROBERTSON KELVIN GRACE
EMOHC	MICHELLE CARRICK PHIL TRUEMAN	JUDY LEE	CARMEL RECHICHI MOIRA BUNN	NATALIE ELHAJ KEVIN AUTON

ALTAR SOCIETY: MILDRED REGO

PILGRIM STATUE: RASHANTHI WANIGASEKERA

COUNTERS: HELEN OAKLEY, JESSIE TAN, ANNE BANKS, BERNADETTE O'BRIEN,  
JENNIFER DI GIOVANNI & CONNIE BOVE

CHILDREN'S LITURGY: —