

# WELCOME

ST BENEDICT'S CATHOLIC PARISH — 14 APRIL 2024



*"The Love of Christ must come before all else." (Rule of St Benedict)*

## WEEKLY SERVICES

### Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)  
FRIDAYS @7AM**



### Reconciliation:

Sat: 4.30PM - 5.30PM

### Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

### Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Senacle: Thurs: 9.30am

### Prayer Group:

Mary Mother of Sorrows: Meetings on

Thursdays @1pm (in recess for school holiday)

### Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert

Lynch Room @10am, gathering @9.45am

**Baptisms:** By appointment

**Marriages:** By appointment

### Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: [www.stbenedicts.net.au](http://www.stbenedicts.net.au)

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): [applecross@perthcatholic.org.au](mailto:applecross@perthcatholic.org.au)

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): [office.applecross@perthcatholic.org.au](mailto:office.applecross@perthcatholic.org.au)

Parish Priest: Fr Nelson Po

E (Fr Nelson): [nelson.po@perthcatholic.org.au](mailto:nelson.po@perthcatholic.org.au)

### BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

### PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

## THIRD SUNDAY OF EASTER, YEAR B

### GOSPEL REFLECTION BY Fr Michael Tate

#### Ghosts, meals and humanity

When Jesus appeared to them, the disciples thought they were seeing a ghost, a sort of projection of a human image on the screen of the world but with no human depth and vitality. In fact, ghosts seem to drain life and warmth from those they encounter.

The disciples became convinced that they were in the presence of the Risen Lord Jesus Christ when he assumed a characteristic way of acting – sharing a companionable meal (of fish).

His bodily presence of *that* sort is now withdrawn from us. But we are now encountered by him in the Mass which has many dimensions, one of which is that of a sacred meal. When we share in the sacramental signs of his Real Presence in the Heavenly Bread and Spiritual Drink of Holy Communion, he brings us the life and warmth of the Risen Son.

In fact, he shares his very life with us, and because his life is gloriously fully human, we become less ghost-like as he heals those parts of our personality which drain goodness and vitality from the world.

We could take a moment to pray to take greater opportunities to share in the Real Presence of Our Risen Lord under the appearance of bread and wine. This will move us from the illusion of being alive to that vitality which is nourished by his glorified humanity.

© Fr Michael Tate



**PREP COORDINATOR:** Maureen Bright  
Email: [applecrossrelgedu@gmail.com](mailto:applecrossrelgedu@gmail.com)

**SACRAMENTAL COORDINATOR:** Rosa Ranieri  
Email: [stbenedicts.sacraments@gmail.com](mailto:stbenedicts.sacraments@gmail.com)

**Pastoral Care:** Yunita Lay  
Email: [stbenedicts.pastoral@gmail.com](mailto:stbenedicts.pastoral@gmail.com)

### PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli,  
Frances Meyerkort &  
Phil Trueman.

**Email contact:**

[applecross.safeguarding@gmail.com](mailto:applecross.safeguarding@gmail.com)



## PARISH NOTICES

### EVENTS

- ◆ 13 APRIL — YOUTH MASS @6PM
- ◆ 14 APRIL — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: LINDA ROBERTSON & MARY ALVARO)
- ◆ 18 APRIL — ALPHA @6.30PM-@8.30PM
- ◆ 20-21 APRIL — LAUNCH OF ADSUMUS INITIATIVE
- ◆ 21 APRIL — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS
- ◆ 25 APRIL — ANSAC DAY MASS @9AM
- ◆ 27 & 28 APRIL — COMMITMENT MASS FOR EUCHARIST, SATURDAY @6PM & SUNDAY @9.30AM MASSES

**APPLECROSS VINNIES QUARTERLYREPORT** is at the rear of the church next to the newsletter. Please feel free to collect one and see what Vinnies has been doing in our region.

**CALLING ON ALL BAKERS!!** We are holding a cake stall after the 7.30am & 9.30am masses on Sunday 21 April 2024. If you would like to donate a cake, slices and so forth, please contact Margot on 0410 840 417. Baked items can be delivered to Margot's home on Saturday 20 April or brought to the church prior to the 7.30am & 9.30am masses.

NB: Please indicate whether the food is gluten free or otherwise contains any known allergens such as peanuts, dairy, egg etc.

### Ecumenical Dinner supporting local chaplains Friday 3 May

Following a five year hiatus due to Covid, the Ecumenical Dinner at St David's is back on! This dinner is in aid of the chaplains at Applecross and Melville Senior High Schools and is supported by five churches in the area, St Benedict's being the only Catholic one. This is a very worthwhile cause and we only have **twenty tickets** for our parish at a cost of \$40 each.

Please contact Maureen Bright on 0413 832 357 to secure your tickets. Let's make it a fun night while having a delicious roast dinner. I can assure you the dinner will be good!

### FAITH FORMATION UPDATE

#### Synodality – Walking Together

This is the joint submission from the five parishes of Applecross, Attadale, East Fremantle, Myaree, and Palmyra in response to the "Synthesis Report: A Synodal Church in Mission" that summarised the deliberations from the meeting of Bishops in Rome in October 2023 and heading towards the final meeting of Bishops in Rome this October - and in Western Australia the formation of a Diocesan Pastoral Council in July.

For those who wish to have a copy of our response, please email Kevin Wringe at [kwringe@inet.net.au](mailto:kwringe@inet.net.au).

### PRAY FOR THE SICK

**Please keep the following people in your prayers:**

Myrtle Nimmo, Sr Carla, Truus Botman, Ng Chai Hong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odoriso, Michelle O'Brien, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Mega Limadinata, Kamani Jayaratne, Sue Miguel, Carol-Jean Wilson and all others who are not included in this list. *Thank you.*



### YOUTH CORNER

Youth Mass — 11 May @6pm

### PARISH MORNING TEA INVITATION



**SUNDAY,  
14 APRIL 2024  
AFTER 7.30AM MASS**

**ROSTER:  
LINDA ROBERTSON &  
MARY ALVARO**

### ADSUMUS Initiative for Parishes Launch Date: 20-21 April 2024

The Parish Renewal Office of the Archdiocese under the guidance of Bishop Don Sproston has started organising a trial run of the new ADSUMUS initiative for parishes. This initiative hopes to revitalise, renew and develop our parishes so that they can operate more effectively as the communities our God needs them to be in today's world.

ADSUMUS is taken from the prayer recited before every session of the Second Vatican Council held from 1962-1965. The opening line of the prayer 'Adsumus Sancte Spiritus', put simply, means "Here We Are O Holy Spirit."

This initiative will assist each of us in coming to a truer understanding of our role and identity as parishioners so that we may discern the unique contribution each of us can make to the life of the parish. The hope is that by working together – sharing our gifts and talents - we will become a stronger faith community.

Our parish of St Benedict's has been chosen as one of four parishes to trial this initiative. As we launch ADSUMUS on the weekend of the 21<sup>st</sup> April, we ask the Holy Spirit that this journey we begin soon will bind us all in a stronger, loving community.

### COOKIES, CUPPA & CHAT SUNDAY, 21 APRIL 2024 AFTER 9.30AM MASS



### PLEASE PRAY FOR RECENTLY DECEASED:

Mary de Cruz, Ricardo Cacho.

### ANNIVERSARIES:

Margery Curtis, Aaron Sandford, Jeannette Busch, Bill Huxley, Anne Taggart, Francine Smith and all deceased benefactors of the parish and all departed family and friends.

*Thank you.*

You are in my thoughts  
and prayers.



**SAFEGUARDING INDUCTION TRAINING – LEVEL 1**

Thursday 18 April @10am - Online  
 Tuesday 23 April @7pm - Online  
 Tuesday 30 April @2pm - Online  
 Tuesday 7 May @7pm - Online  
 Thursday 9 May @1.30pm & 6.30pm - Armadale Parish, 279 Forrest Rd, Hilbert  
 To register <https://safeguarding.perthcatholic.org.au/training/#induction>.  
**Further info:** [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or 08 9221 7762.

**19 Apr - 21 Apr DISCERNMENT RETREAT**

A Weekend retreat for young women who are discerning their Vocation. **Friday 19 April to Sunday 21 April, 2 Rawlins Street, Glendalough.** 21 April is Good Shepherd Sunday, and it marks the 61st anniversary of the World Day of Prayer for Vocations. **Further info;** email Sr. Mary Lourdes [srmarylourdes11@gmail.com](mailto:srmarylourdes11@gmail.com) or 0404 610 773.

**WORLDWIDE MARRIAGE ENCOUNTER**

Would you like to give yourself and your spouse quality time over a weekend that will focus on love, communication and relationship? We invite you to attend a Worldwide Marriage Encounter Weekend. Coming Weekends: 20/21 April - Live-out. Tuart Hill  
 9/10 November - Live-in. Currambine  
 A WWME Weekend may be the best gift you can give to each other. For more information about coming Weekends contact Brendon or Valerie on 0493 534 865. Email [WAbookings@wwme.org.au](mailto:WAbookings@wwme.org.au) Visit [www.wwme.org.au](http://www.wwme.org.au)

Healing Mass in honour of St Peregrine patron saint of cancer sufferers and all in need will be held on Thursday 18 April at 7pm in Sts John & Paul, Willetton Catholic church. There will be blessing with the Relic of St Peregrine and Anointing of the Sick.

**PILGRIMAGE TO EUROPE INCLUDING MEDJUGORJE.** (It has been reported Our Lady has been appearing daily in Medjugorje from June 1981 and daily to this present day.) Expressions of interest are invited for pilgrimage departing Perth **October 2024.** for Europe including Medjugorje. Spiritual Director Rev. Fr. Doug Harris. Full itinerary, departure date and pricing available within 14 days. Limited seats available. Enquiries email [medijugorjewa1981@gmail.com](mailto:medijugorjewa1981@gmail.com) mob 0407 471 256.

**Presence**

"Be still and know that I am God". (Psalm 46:10).  
 Lord, may Your Spirit guide me to seek Your loving presence more and more, for it is there I find rest and refreshment from this busy world.

**Freedom**

Thank You God for my freedom.  
 May I use this gift to do what I can for those who are oppressed or burdened.

**Consciousness**

God, may I rest in Your radiant presence, just as a flower basks in the light and warmth of the sun. Thank You for bringing light and warmth to my life through other people, through nature, and through Your Word.

**Inspiration**

Resurrection appearances brought up a range of reactions in the disciples. With Jesus' death, their hopes had evaporated and their faith had dwindled. Lord, open our hearts to the surprising ways you reveal yourself. We pray that we may grow in the sense of wonder of who you are and all you have done for us.

The disciples sought proof of Jesus' Resurrection. Showing his wounds opened their minds and witnessing Jesus eat something eased some of their unbelief. Lord, transform our inner wounds and strengthen us in the sufferings of life so that we are free to share in the new life you offer to us.

**Conversation**

Your own words, Lord, taught me how to pray. The beautiful "Our Father" contains all I would wish to say.

**Conclusion**

I thank God for His gift of love as I go forth with joy and hope to serve His people. **Amen**



CHILDREN'S CORNER

When Jesus appeared to his disciples he was not a ghost, but truly alive!  
 Draw some of the disciples who witnessed Jesus' resurrection.

Jesus asked that the Good News be spread from Jerusalem to every nation. Unscramble the following words about the Good News.

esJus vases = \_ \_ \_ \_ \_ s \_ \_ \_ \_

elvo = \_ \_ \_ e

doGo sewN = \_ \_ \_ \_ \_ w \_

gvforie niss = f \_ \_ \_ \_ \_ n \_

reefdom = \_ r \_ \_ o \_

naltree flei = e \_ \_ \_ a \_ \_ \_ f \_

gealhin = h \_ \_ \_ \_ \_

**Church/School Parking – Reminder**  
 Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church. Thank you.**

**NEXT WEEK'S READINGS: 4th Sunday of Easter, Year B**  
**1st:** Acts 4:8-12 **Ps:** 117:1, 8-9, 21-23, 26, 28-29  
**2nd:** 1 Jn 3:1-2 **Gospel:** Jn 10:11-18

READINGS FOR THE DAY

**Entrance Antiphon** Cf *Psalm 65:1-2*

Cry out with joy to God, all the earth;  
O sing to the glory of his name.  
O render him glorious praise, alleluia.

**First Reading** *Acts of the Apostles 3:13-15. 17-19*

A reading from the Acts of the Apostles

*You have killed the prince of life; God, however, raised him from the dead.*

Peter said to the people: 'You are Israelites, and it is the God of Abraham, Isaac and Jacob, the God of our ancestors, who has glorified his servant Jesus, the same Jesus you handed over and then disowned in the presence of Pilate, after Pilate had decided to release him. It was you who accused the Holy One, the Just One, you who demanded the reprieve of a murderer while you killed the prince of life. God, however, raised him from the dead, and to that fact we are the witnesses.

'Now I know, brothers, that neither you nor your leaders had any idea what you were really doing; this was the way God carried out what he had foretold, when he said through all his prophets that his Christ would suffer. Now you must repent and turn to God, so that your sins may be wiped out.'

**Responsorial Psalm** *Ps 4:2. 4. 7. 9. R. v.7*

(R.) Lord, let your face shine on us.

1. When I call, answer me, O God of justice;  
from anguish you released me, have mercy and hear me!  
(R.)
2. It is the Lord who grants favours to those whom he loves;  
the Lord hears me whenever I call him. (R.)
3. 'What can bring us happiness?' many say.  
Lift up the light of your face on us, O Lord. (R.)
4. I will lie down in peace and sleep comes at once,  
for you alone, Lord, make me dwell in safety. (R.)

**Second Reading** *1 John 2:1-5*

A reading from the first letter of St John

*Jesus Christ is the sacrifice that takes away our sins and those of the whole world.*

I am writing this, my children,  
to stop you sinning;  
but if anyone should sin,  
we have our advocate with the Father,  
Jesus Christ, who is just;  
he is the sacrifice that takes our sins away,  
and not only ours,  
but the whole world's.

We can be sure that we know God only by keeping his commandments. Anyone who says, 'I know him', and does not keep his commandments, is a liar, refusing to admit the truth. But when anyone does obey what he has said, God's love comes to perfection in him.

**Gospel Acclamation** See *Luke 24:32*

Alleluia, alleluia!  
Lord Jesus, make your word plain to us:  
make our hearts burn with love when you speak.  
Alleluia!

**Gospel** *Luke 24:35-48*

A reading from the holy Gospel according to Luke

*It was written that the Christ would suffer and on the third day rise from the dead.*

The disciples told their story of what had happened on the road and how they had recognised Jesus at the breaking of bread.

They were still talking about all this when Jesus himself stood among them and said to them, 'Peace be with you!' In a state of alarm and fright, they thought they were seeing a ghost. But he said, 'Why are you so agitated, and why are these doubts rising in your hearts? Look at my hands and feet; yes, it is I indeed. Touch me and see for yourselves; a ghost has no flesh and bones as you can see I have.' And as he said this he showed them his hands and feet. Their joy was so great that they could not believe it, and they stood dumbfounded; so he said to them, 'Have you anything here to eat?' And they offered him a piece of grilled fish, which he took and ate before their eyes.

Then he told them, 'This is what I meant when I said, while I was still with you, that everything written about me in the Law of Moses, in the Prophets and in the Psalms, has to be fulfilled.' He then opened their minds to understand the scriptures, and he said to them, 'So you see how it is written that the Christ would suffer and on the third day rise from the dead, and that, in his name, repentance for the forgiveness of sins would be preached to all the nations, beginning from Jerusalem. You are witnesses to this.'

**Communion Antiphon** *Luke 24:35*

The disciples recognized the Lord Jesus in the breaking of the bread, alleluia.

MINISTRY SCHEDULE — 20 & 21 APRIL 2024

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	CHARLES CARDOSO	STEVEN ROBERTSON	DOMINIC LONGO	KEN BOWNES
ALTAR SERVERS	JAKE & JOSHUA GOLDING JOSHUA TSIA	GRACE STEWART	XAVIER SIA DANIEL & CHRISTIAN VINCI	KATHERINE WIBAWA VALERIE & RAPHAEL WIBAWANTA
COMMENTATORS	STEFANI CHEN	ALICE BATY	PAUL CICCARELLI	JILL NORTON
COLLECTORS	ANTONIO VARNAKULASINGHAM ELIZABETH YUSTIRA	ANTHONY LIM	ROGER BUNN LILI ORIFICI	OSBORNE D'SOUZA ROSS FRANCHINA GRAHAM KNIGHT
READERS	ANTONIO VARNAKULASINGHAM YVONNE GARBIN	GAY PULKER ADELE PARSONS	GERARD DE SOUZA ANUSHIA SUPPIAH	MAUREEN BRIGHT GLENDA BEUKES
EMOHC	CARLA CARDOSO FRANCIS MEYERKORT	ANGELA SCOTT	RUTH THORN MARINA CICCARELLI	COLLEEN MORRIS LINDA ROBERTSON
ALTAR SOCIETY: HEATHER MCNAUGHT & AYLMYR SEQUEIRA			PILGRIM STATUE: RUTH THORN	
COUNTERS: MARGARETH ALBUQUERQUE, YULIANA VAN DER BURG, ELIZABETH NORONHA & SUCHITA RATHAKRISHNAN			CHILDREN'S LITURGY: —	