

WELCOME

ST BENEDICT'S CATHOLIC PARISH — 10 MARCH 2024



"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM**



Reconciliation:

Sat: 4.30PM - 5.30PM

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Canacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on

Thursdays @1pm

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert

Lynch Room @10am, gathering @9.45am

Baptisms: By appointment

Marriages: By appointment

Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: www.stbenedicts.net.au

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (main): applecross@perthcatholic.org.au

Admin Assistant: Maribel Villegas (Thur: 9am-3pm)

E (office): office.applecross@perthcatholic.org.au

Parish Priest: Fr Nelson Po

E (Fr Nelson): nelson.po@perthcatholic.org.au

BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

4TH SUNDAY OF LENT, YEAR B

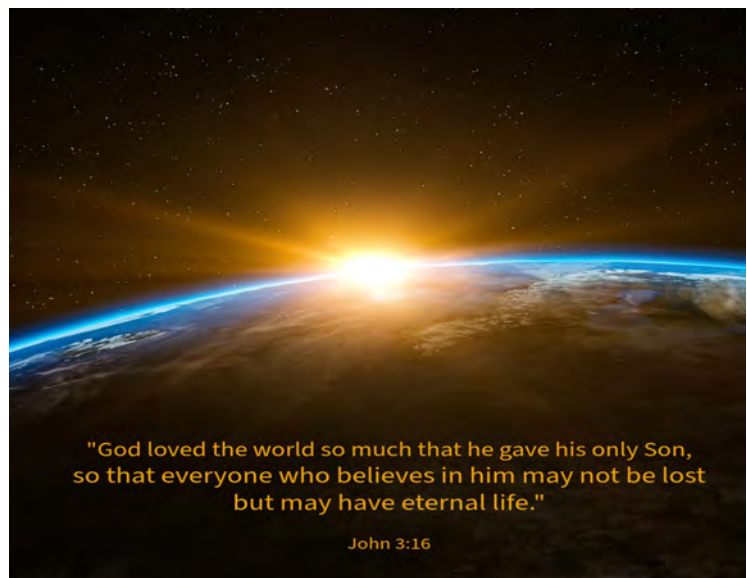
GOSPEL REFLECTION BY Dianne Bergant CSA

Each reading provides us with an example of divine mercy. God's use of Cyrus to deliver the Israelites, even though he was not a believer, shows that every circumstance and any person can demonstrate the scope of God's love. In fact, it is often the situation or the individual that we least expect that has been chosen to manifest God's mercy to us. This same mercy is seen as God brings us to life with Christ even when we were dead in sin.

Mercy means that strict justice is set aside in favour of compassion. Dispossessed people are raised out of defeat and given another chance. Sinners condemned to severe punishment are raised out of despair and offered a reprieve. The whole world is raised up out of darkness when God's own Son is sent into that world as saviour rather than as judge. God's mercy raises us out of loss and hopelessness, out of darkness and sin, so that we might enjoy the blessings of life.

We too have been raised up so that we might live in truth and might become the visible sign of God's mercy in the world. We have been made a new people, free from the restraints of the past. Joined with Christ we become God's handiwork, creations that bear the seal of the great creator. We are the very sacrament of God's mercy. The forgiveness that we have experienced and the new life within us shine forth as witness to the mercy of God.

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"God loved the world so much that he gave his only Son,
so that everyone who believes in him may not be lost
but may have eternal life."

John 3:16

PREP COORDINATOR: Maureen Bright

Email: applecrossrelgedu@gmail.com

SACRAMENTAL COORDINATOR: Rosa Ranieri

Email: stbenedicts.sacraments@gmail.com

Pastoral Care: Yunita Lay

Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING

OFFICERS:

Marina Ciccarelli,
Frances Meyerkort &
Phil Trueman.

Email contact:

applecross.safeguarding@gmail.com



PARISH NOTICES

EVENTS

- ◆ 9 MARCH — YOUTH MASS @6PM & FR JOSEPH LAUNDY'S FAREWELL
- ◆ 10 MARCH — PARISH MORNING TEA AFTER 7.30AM MASS
- ◆ 14 & 21 MARCH — ALPHA @6.30PM-8.30PM
- ◆ 15 & 22 MARCH — STATIONS OF THE CROSS @7PM
- ◆ 20 MARCH — LENTEN RECONCILIATION (1ST RITE) @7PM
- ◆ HOLY WEEK/EASTER PROGRAMME 2024 — SEE BELOW

HOLY WEEK/EASTER PROGRAMME 2024:



Lenten Reconciliation 20 March (1st Rite): @7pm

Holy Thursday 28 March: Mass @7pm

Good Friday 29 March:

Stations of the Cross @10.30am

Passion of the Lord @3pm



Easter Vigil 30 March: Mass @7pm

Easter Sunday 31 March:

Masses @7.30am, @9.30am & @6pm

Easter Monday 1 April:

Communion Service @7am (no Mass)

FAITH FORMATION UPDATE

For the past two years or so, there have been significant initiatives within our local church, in our Archdiocese and of the universal church. We participated actively in the Plenary Council (PC) of Australia and in the Diocesan Assembly which is a follow up to the PC and had its opening session in September 2023. Our Parish Priest Fr Nelson & Anushia Suppiah are our participants and delegates to the Assembly. The second and final session is set on 13 July 2024.

While waiting for the outcome of the PC and preparing for the Diocesan Assembly, Pope Francis convened the Synod of Bishops in October 2023 in Rome which is also called as the Synod on Synodality, the first of two sessions. Our Archbishop Costelloe was one of the presiders selected by Pope Francis for the four week meeting.

Between the two meetings & prior to October 2024, our church members are asked to pray & discern on what God wants of our church. We were fortunate to do much of this with our PC work but we all continue to be as aware as we can on issues focusing on a Synodal church.

There are many sources of information regarding the Synod which can be found in the Archdiocesan website. Our Parish Faith Formation committee is always available to discuss on any matters you might seek to know. For more details, please contact Michael Perrott on 0438 949 155

YOUTH CORNER

Youth Mass — 9 March @6pm

SACRAMENT PROGRAMME 2024

The dates for The Sacrament Programme have been released. They are on the notice board at the entrance of the church. The Sacrament programme and enrolment forms can be accessed on the parish website.

Enrolments are now open and applications for all Sacraments **close on Friday 22 March 2024**.

For further information contact Rosa Ranieri, Sacrament Coordinator at stbenedicts.sacraments@gmail.com.

The Parish Sacrament team looks forward to working together with all families.

PIZZA & PASTA EVENING TO FAREWELL FR JOSEPH LAUNDY Saturday 9 March after the 6pm Youth Mass

Come along and join us to farewell Fr Joe. Please bring your favorite pizza or pasta to share with everyone.

All welcome

PARISH MORNING TEA INVITATION



**SUNDAY,
10 MARCH 2024
AFTER 7.30AM MASS**

**ROSTER:
VANESSA KILROE &
CHRISTIE STIPINOVIC**

PARISH RELIGIOUS EDUCATION PROGRAMME (PREP) – CATECHISTS/ASSISTANTS/HELPERS

We are currently looking for **catechists and/or assistants/helpers** for this year.

Commitment would be on a Wednesday afternoon from 4pm to 5pm and if you feel this is for you please contact Maureen Bright on 0413 831 357 or the parish office on 08 9364 1120.

Please give some thought to this very rewarding service to the parish and our children.



Fourth Sunday of Lent — 9 & 10 March



As the eldest child in a low-income farming family in rural Malawi, **Memory** faced many barriers to her education. But, with the support of Caritas Australia, she enrolled in a technical school and became the first female carpenter in her village.

Please donate to Project Compassion.

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **for all future generations**.

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting caritas.org.au/project-compassion or by calling 1800 024 413.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Sr Carla, Truus Botman, Ng Chai Hong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odorisio, Michelle O'Brien, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Mega Limadinata, Martin Samy, Kamani Jayaratne, Sue Miguel and all others who are not included in this list. *Thank you.*



PLEASE PRAY FOR RECENTLY DECEASED:

Doris Zoccoli

ANNIVERSARIES:

Sybil Fernandez, Giuseppe Mattarocchia, John Ogilve, Victor Harris and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



ARCHDIOCESAN NEWS

PRAYER FOR THE DAY

SAFEGUARDING INDUCTION TRAINING – LEVEL 1

Thursday, 14 March at 2pm - Online
 Friday, 22 March at 10am - Online
 Tuesday 26 March at 7pm - Online
 Wednesday 10 April at 7pm - Pater Noster, 460 Marmion St, Myaree.
 To register <https://safeguarding.perthcatholic.org.au/training/#induction>.
 Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

Presentations on Synodality by Dr Sandie Cornish

1. "Walking and growing together"- What does it mean for us and the Church today? Saturday 16th March 2024 at 2-4pm at the Redemptorist Retreat House, 190 Vincent St, North Perth, 6006.

RSVP: to ignatianspiritwa@gmail.com This event is sponsored by: ISWA (Ignatian Spirituality WA) www.ignatianspiritualitywa.com.au and JEDO (Justice, Ecology & Development Office) <https://jedo.perthcatholic.org.au>

2. "How does Ignatian Spirituality inform our understanding of Synodality?"

Sunday March 17th 2-4 pm at the Holy Rosary Parish Community Centre, 45-47 Tyrell St, Nedlands

RSVP: to rcirillo@bigpond.net.au by March 10.

This event is sponsored by CLC (Christian Life Community – Australia) and the event will be followed by a celebration of World CLC Day (March 25th) with afternoon tea supplied. A small donation would be appreciated to help defray costs.

Father Paul Fox would like to welcome everyone to celebrate Divine Mercy Sunday at the Divine Mercy Shrine in Lower Chittering on Sunday, April 7th 2024.

Programme:

Confessions from 11.30am.

BYO lunch or sausage sizzle \$5.

Mass celebrated by Fr Paul Fox at 1.30pm.

With the accompaniment of violinist Paul Wright, the Divine Mercy Choir will perform the Divine Mercy Chaplet.

Veneration of 1st Class Relic of St Faustina.

Healing prayers by Fr Paul

4pm Afternoon Tea/Coffee. For more details visit .

Contacts Emma 0401 981 914 or Fr Paul 9571 8068.

Bus Pickup at St Benedicts - Applecross 8:45am & return 6:30pm (\$20)

Presence

I reflect for a moment on God’s presence around me and in me.
 Creator of the universe, the sun and the moon, the earth, every molecule, every atom, everything that is: God is in every beat of my heart. God is with me, now.

Freedom

Lord, like Saint Ignatius, I offer you my memory, understanding, my entire will.
 All I ask for in return is your love and your grace – That’s enough for me.

Consciousness

Knowing that God loves me unconditionally, I look honestly over the last day, its events and my feelings. Do I have something to be grateful for? Then I give thanks. Is there something I am sorry for? Then I ask forgiveness.

Inspiration

Jesus was sent into the world to bring salvation. The world is ambivalent to Jesus, though God’s desire for us is clear – to have eternal life through Jesus. We pray to recognise the gift and the desire of God so that we are not captivated and drawn off course by the attractions of the world.

The lifting up of the serpent brought liberation to the Israelites from its poisonous effects (Numbers 21:9). Jesus was to be lifted up on the cross, offering his life for our salvation. As children of light, may we have hearts that believe in Jesus and respond in love, raising up people who are caught in the darkness.

Conversation

I sit quietly with my God who knows my every thought, every need and every desire, and I allow Him to minister to me in this moment. I receive whatever nourishment I need for the journey.

Conclusion

Filled with the loving presence of God.
 Ask Him to bless you and guide your steps.
 As you go to do His work in your daily life. **Amen**

CHILDREN’S CORNER

Write a prayer about how you would like God to help you.



Dear Lord,

Amen.

God's kindness saves us

Try to find these words:

Y T N H S K A V R D Y Z P A
 B M S F H L Y V M C K K Y K
 A U O O F A I T H A P O G I
 Z W Z R F U H B Q A Q I O N
 S V N I C O D E M U S S G D
 A V N V H S A V E M L H L N
 J K R T M S I D T G A E O E
 J R U E U A B O V E I H D S
 R G C S O N E T E R N A L S
 O X T Q V W I T W G O O D K
 Q B R A G Y T C P J H J A A
 H K Y B P P E V E R Y O N E
 B H E A V E N G I F T P J I

- above
- brag
- eternal
- everyone
- faith
- gift
- good
- heaven
- kindness
- Nicodemus
- save
- Son

Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents’ lawns across the road from the church. Thank you.**



NEXT WEEK’S READINGS: 5th Sunday of Lent, Year B

1st: Jer 31:31-34

P: 50:3-4, 12-15

2nd: Heb 5:7-9

Gospel: Jn 12:20-30



READINGS FOR THE DAY

Entrance Antiphon *Cf Isaiah 66:10-11*

Rejoice, Jerusalem, and all who love her.
Be joyful, all who were in mourning;
exult and be satisfied at her consoling breast.

First Reading *2 Chronicles 36:14-16, 19-23*

A reading from the second book of Chronicles
The wrath and the mercy of the Lord are revealed in the exile and liberation of his people.

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its Sabbath rest, until seventy years have gone by, it will keep Sabbath throughout the days of its desolation.'

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."'

Responsorial Psalm *Ps 136. R. v.6*

(R.) Let my tongue be silenced, if ever I forget you!

- By the rivers of Babylon
there we sat and wept,
remembering Zion;
on the poplars that grew there
we hung our harps. (R.)
- For it was there that they asked us,
our captors, for songs,
our oppressors, for joy.
'Sing to us,' they said,
'one of Zion's songs.' (R.)
- O how could we sing
the song of the Lord
on alien soil?
If I forget you, Jerusalem,
let my right hand wither! (R.)
- O let my tongue

cleave to my mouth
if I remember you not,
if I prize not Jerusalem
above all my joys! (R.)

Second Reading *Ephesians 2:4-10*

A reading from the letter of St Paul to the Ephesians
When we were dead through sins, he brought us to life.
God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

Gospel Acclamation *John 3:16*

Glory and praise to you, Lord Jesus Christ!
God loved the world so much, he gave us his only Son,
that all who believe in him might have eternal life.
Glory and praise to you, Lord Jesus Christ!

Gospel *John 3:14-21*

A reading from the holy Gospel according to John
God sent his Son into the world that we might be saved through him.

Jesus said to Nicodemus:
'The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son.

On these grounds is sentence pronounced: that though the light has come into the world men have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the truth comes out into the light, so that it may be plainly seen that what he does is done in God.'

Communion Antiphon *Cf Psalm 121: 3-4*

Jerusalem is built as a city bonded as one together.
It is there that the tribes go up, the tribes of the Lord,
to praise the name of the Lord.

MINISTRY SCHEDULE — 16 & 17 MARCH 2024

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	BRYAN MEYERKORT	ROD DOWLING	DOMINIC LONGO	MARK WELSH
ALTAR SERVERS	ETHAN & JOSHUA TSIA TYLER MORRIS	TOM, OLIVIA & JOEL DOWLING	HAILEY CORREIA JACKSON HANDCOCK CHRISTOPHER XANTHIS	KATHERINE WIBAWA OLIVER & JACOB WONG
COMMENTATORS	ELIAS SANTIMANO	ADELE PARSONS	MARGARET HANDYSIDE	BEV PICHE
COLLECTORS	ANTONIO VARNAKULASINGHAM ELIZABETH YUSTIRA	GERRY DOYLE/ ADRIAN DARGIE/ JAMES GALVIN	ROGER BUNN LILI ORIFICI	OSBOURNE D'SOUZA ROSS FRANCHINA GRAHAM KNIGHT
READERS	FRANCES MEYERKORT TONY RYAN	RITA ILICH ANGELA SCOTT	ANUSHIA SUPPIAH PAUL MENEZES	JACKIE WONG ANDREA D'SOUZA
EMOHC	MICHELLE CARRICK YVONNE GARBIN	JACQUIE HERON	MOIRA BUNN SARAH NEALE	MARIA HILL OSBOURNE D'SOUZA
ALTAR SOCIETY: MRS HEATHER MCNAUGHT & MRS AYLMYR SEQUEIRA			PILGRIM STATUE: IONE & DESMOND COORAY	
COUNTERS: HELEN OAKLEY, JESSIE TAN, ANNE BANKS, BERNADETTE O'BRIEN,			CHILDREN'S LITURGY: —	