

# WELCOME

ST BENEDICT'S CATHOLIC PARISH — 18 FEBRUARY 2024



*"The Love of Christ must come before all else." (Rule of St Benedict)*

## WEEKLY SERVICES

### Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)  
FRIDAYS @7AM**



### Reconciliation:

Sat: 4.30PM - 5.30PM

### Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

### Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

### Prayer Group:

Mary Mother of Sorrows: Meetings on

Thursdays @1pm

### Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am (new time)

**Baptisms:** By appointment

**Marriages:** By appointment

### Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: [www.stbenedicts.net.au](http://www.stbenedicts.net.au)

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (admin): [applecross@perthcatholic.org.au](mailto:applecross@perthcatholic.org.au)

Parish Priest: Fr Nelson Po

E (Fr Nelson): [nelson.po@perthcatholic.org.au](mailto:nelson.po@perthcatholic.org.au)

Resident Priest: Fr Joseph Laundy

E (Fr Joseph): [joseph.laundy@perthcatholic.org.au](mailto:joseph.laundy@perthcatholic.org.au)

### BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

### PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

## 1ST SUNDAY OF LENT, YEAR B

### GOSPEL REFLECTION BY Greg Sunter

The First Reading, from Genesis, and the Gospel this week need to be looked at together. In the Genesis reading, God has just wiped clean the earth and is ready to re-establish the relationship with humanity through Noah and his family. In the short gospel passage, Jesus enters the wilderness as a time of preparation and renewal, ready to embark on his mission of re-establishing the relationship between God and humanity. In both readings there is a sense of a fresh start – a clean slate – for humankind. It is a clear indication of God's commitment to humanity, even when we have totally distanced ourselves from God and forgotten about keeping up our part of the relationship, God is willing to make a clean start of it all again. Both readings offer a reminder of God's constant desire for us to be in right relationship with God and with the world. The presence of Jesus in the world was as clear a signal as the rainbow in the sky that God was willing to give us another go – give us a chance to again see God with new eyes and new understanding.

In the gospel passage, we have a picture of Jesus preparing himself for his public ministry. He takes himself out into the wilderness, away from all that he has known until this time, to reflect on his life so far and this next vital stage that he is about to enter. In the wilderness, Jesus is tempted. He has to face his own doubts and demons before he sets off on the road of his public ministry. When he leaves the desert wilderness and enters back into Galilee he immediately begins to preach and, in the first words accredited to him in this gospel, Jesus announces that the kingdom of God is at hand and it's time to repent and believe. It's a call to open your eyes and get with the program!

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**PREP COORDINATOR:** Maureen Bright  
Email: [applecrossrelgedu@gmail.com](mailto:applecrossrelgedu@gmail.com)

**SACRAMENTAL COORDINATOR:** Rosa Ranieri  
Email: [stbenedicts.sacraments@gmail.com](mailto:stbenedicts.sacraments@gmail.com)

**Pastoral Care:** Yunita Lay  
Email: [stbenedicts.pastoral@gmail.com](mailto:stbenedicts.pastoral@gmail.com)

### PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli,  
Frances Meyerkort &  
Phil Trueman.

**Email contact:**

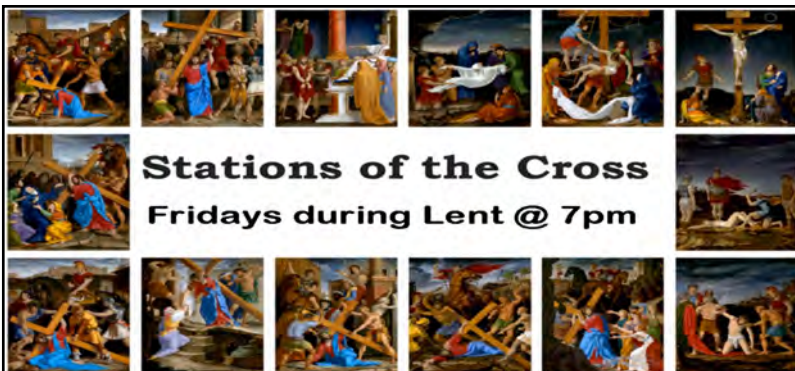
[applecross.safeguarding@gmail.com](mailto:applecross.safeguarding@gmail.com)



PARISH NOTICES

**EVENTS**

- ◆ 22 & 29 FEBRUARY — ALPHA @6.30PM –8.30PM
- ◆ 23 FEBRUARY — STATIONS OF THE CROSS @7PM
- ◆ 24 FEBRUARY — BUSY BEE @8AM-11AM
- ◆ 25 FEBRUARY— COOKIES, CUPPA & CHAT AFTER 9.30AM MASS



**Stations of the Cross**  
Fridays during Lent @ 7pm

The Vinnies conference at Applecross is looking for people who might be able to help with advice on an occasional and informal basis. We would like to prepare a list of people that we can call if we need a brief informal chat on how to solve a problem.  
Please read the notice on the noticeboard at the rear of the Church to see if you are able to be of assistance if the need arises.

**SACRAMENT PROGRAMME 2024**

The dates for The Sacrament Programme have been released. They are on the notice board at the entrance of the church. The Sacrament programme and enrolment forms can be accessed on the parish website.

Enrolments are now open and applications for all Sacraments **close on Friday March 22<sup>nd</sup>**.

For further information contact Rosa Ranieri, Sacrament Coordinator at [stbenedicts.sacraments@gmail.com](mailto:stbenedicts.sacraments@gmail.com). The Parish Sacrament team looks forward to working together with all families.

**Pietà—Lenten Program 2024**

Embark on a transformative Lenten journey with *Pietà*, an exquisite 80-page (full-color book) containing short daily reflections (from Ash Wednesday to Easter Sunday) perfect for individual devotional reading in addition to the longer-form Sunday Scripture readings, reflections, prayers, questions and lectio divina that traditionally form part of Lenten group gatherings.

Limited numbers. Discounted price for only \$5. Please give the money to Fr Nelson or the Parish office. *Thank you.*



**First Sunday of Lent — 17 & 18 February**



This year, Project Compassion brings you the stories of three resilient women: Ronita from the Philippines, Leaia from Samoa and Memory from Malawi. While from three different corners of the world and facing vastly different challenges, they are all united by one dream: to create a better world *for all future generations*.

**Please donate to Project Compassion.**

You can donate through Project Compassion donation boxes and envelopes available from your parish, by visiting [caritas.org.au/project-compassion](http://caritas.org.au/project-compassion) or by calling 1800 024 413.

**PRAY FOR THE SICK**

*Please keep the following people in your prayers:*

Myrtle Nimmo, Sr Carla, Truus Botman, Ng Chai Hong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odorisio, Michelle O'Brien, Liesel Beukes, Helen Teo, Thomas McGuire Marris, Lorraine Healey, Mega Limadinata, Martin Samy, Kamani Jayaratne and all others who are not included in this list. *Thank you.*



**YOUTH CORNER**

**Youth Mass — 8 March @6pm**

**Alpha** - a chance to explore life's BIG questions in a fun, safe welcoming space. At Alpha we share a meal, watch a short movie and chat about our faith. We encourage open and honest conversations, about what you think, feel and believe. You can expect to laugh, share food and journey together with others.

**WHERE:**

ALPHA @ St Benedicts Church, Applecross Parish, 115 Ardross Street, Ardross

**WHEN:**

Thursdays @6.30pm-8.30pm

**REGISTER:**

Email [alphaatstbenes@gmail.com](mailto:alphaatstbenes@gmail.com)

Need more information, please contact

Nicole 0429 859 308 or Dom 0404 803 408



**PARISH BUSY BEE**

**gardening & window cleaning**



**SATURDAY, 24 FEBRUARY @ 8AM—11AM**  
**PLEASE COME ALONG AND HELP**

**COOKIES, CUPPA & CHAT**  
**SUNDAY, 25 FEBRUARY 2024**  
**AFTER 9.30AM MASS**



**PLEASE PRAY FOR RECENTLY DECEASED:**

**ANNIVERSARIES:**

Aenid McKenzie, Percival Pitts, Gabriele Loss, Myrtle Pereira, Pablo Vargas, Tommy McCool, Eufemia Ligovich and all deceased benefactors of the parish and all departed family and friends. *Thank you.*





**SAFEGUARDING INDUCTION TRAINING – LEVEL 1**

Thursday, 22 February at 10am - Online  
 Tuesday, 27 February at 7pm - Online  
 Wednesday, 06 March at 7pm - Online  
 Thursday, 14 March at 2pm - Online  
 Friday, 22 March at 10am - Online  
 Tuesday 26 March at 7pm - Online  
 To register <https://safeguarding.perthcatholic.org.au/training/#induction>.  
**Further info:** [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or 08 9221 7762.

**22 Feb RITE OF ELECTION OF CATECHUMENS AND FORMAL RECOGNITION OF CANDIDATES**

The Rite of Election of Catechumens and formal recognition of Candidates will be held on **Thursday 22 February, 7.30pm at St Mary's Cathedral, Perth.** Archbishop Timothy Costelloe SDB will preside. All welcome as parishes throughout the Archdiocese gather to celebrate and witness God's election of those seeking to be received into the Church at Easter and their election to become one with the Catholic community of faith as they are presented to the Archbishop and his delegates; Very Rev Fr Vincent Glynn EV, Very Rev Fr Sean Fernandes, Dean of the Cathedral. **Further info:** Marcelle Batticci, [christian.initiation@perthcatholic.org.au](mailto:christian.initiation@perthcatholic.org.au) or 08 6104 3699.

**WORLDWIDE MARRIAGE ENCOUNTER**

Would you like to give yourself and your spouse quality time over a weekend that will focus on love, communication and relationship? We invite you to attend a Worldwide Marriage Encounter Weekend. Coming Weekend:  
**20/21 April - Live-out. Tuart Hill** (you go home Saturday night, come back Sunday morning)  
**9/10 November - Live-in. Currabine**  
 A WWME Weekend may be the best gift you can give to each other. For more information about coming Weekends contact Brendon or Valerie on 0493 534 865. Email [WAbookings@wwme.org.au](mailto:WAbookings@wwme.org.au) Visit [www.wwme.org.au](http://www.wwme.org.au)

**EVERY THURSDAY - MUSIC AT ST MARY'S CATHEDRAL**

Join us every **Thursday 1.05pm, St Mary's Cathedral, Perth** for a half-hour music recital – a perfect opportunity to escape the busyness of the day for half an hour for some prayerful, reflective music. Admission free, all welcome. For information and further details please contact Jacinta (Director of Music) on [music.cathedral@perthcatholic.org.au](mailto:music.cathedral@perthcatholic.org.au) or 08 9223 1377.

**Presence**

The peace of God is the treasure of treasures, "The pearl of great price". Lord, may I experience this peace right now, in your holy presence.

**Freedom**

Lord, too often I think I am the one in control of my life. Help me to see that I am powerless over so much. I ask for the grace to be able to hand over my life to you. And experience the joy of freedom.

**Consciousness**

Sometimes I get overwhelmed by the cares of the world. At times like these, may I be aware of the comfort of your Presence, your infinite love for me.

**Inspiration**

Immediately after his baptism and the affirmation of his mission, "the Spirit drove Jesus" into the wilderness. It was seen as a place of testing, but it was also where God can be found. Lord, give us the Spirit to help us to recognise the challenging aspects of living out our baptism, so that we are not complacent and not afraid to go where you lead.

From the beginning, we are alerted to the choices we are to make. Jesus was in the wilderness with the wild beasts, but angels waited on him. Lord, help us to tame the wild beasts that we carry within and to resist the temptations we encounter. May we trust you, for you assure us that we are not tempted beyond our strength.

**Conversation**

The gift of speech is a wonderful gift. May I use this gift with kindness. May I be slow to utter harsh words, Hurtful words, and words spoken in anger.

**Conclusion**

Filled with the loving presence of God, Ask Him to bless you and guide your steps. As you go to do His work in your daily life.

CHILDREN'S CORNER

The season of Lent is a special time when we prepare for the events of Holy Week and Easter.  
 What things can you do to try to be more like Jesus during the forty days of Lent?

**Resist the Temptation**

Place ticks ✓ next to what you think are the right things to do.  
 Place crosses ✗ next to the things you would be tempted to do.



**You see money lying on the ground at school**

**What do you do?**

- You pick it up and take it to a teacher.
- You use it to buy icecreams and chocolate for all your friends.
- You leave it where it is.

**You forget to do your homework**

**What do you do?**

- You tell the teacher that you left it on the bus.
- You pretend to feel sick so that you can get out of class.
- You tell the teacher that you forgot to do your homework.

**You break your mom's favorite vase when playing basketball in the hallway**

**What do you do?**

- You tell your mom that the cat knocked it over.
- You tell her that you knocked it over with your basketball.
- You glue it back together and hope that no-one notices.

**Church/School Parking – Reminder**

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church.** Thank you.



**NEXT WEEK'S READINGS: 2nd Sunday of Lent, Year B**

**1st:** Gen 22; 1-2, 9-13, 15-18    **Ps:** 115:10, 15-19  
**2nd:** Rom 8:31-34    **Gospel:** Mk 9:2-10



READINGS FOR THE DAY

**Entrance Antiphon** Cf *Psalm 90:15-16*

When he calls on me, I will answer him;  
I will deliver him and give him glory,  
I will grant him length of days.

**First Reading** *Genesis 9:8-15*

A reading from the book of Genesis

*I will recall the covenant between myself and you... the waters shall never again become a flood to destroy all flesh.*

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

**Responsorial Psalm** *Ps 24:4-9. R. see v.10*

(R.) Your ways, O Lord, are love and truth to those who keep your covenant.

1. Lord, make me know your ways.  
Lord, teach me your paths.  
Make me walk in your truth, and teach me:  
for you are God my saviour. (R.)
2. Remember your mercy, Lord,  
and the love you have shown from of old.  
In your love remember me,  
because of your goodness, O Lord. (R.)
3. The Lord is good and upright.  
He shows the path to those who stray,  
he guides the humble in the right path;  
he teaches his way to the poor. (R.)

**Second Reading** *1 Peter 3:18-22*

A reading from the first letter of St Peter

*The water of the flood is a type of the baptism which saves you now.*

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

**Gospel Acclamation** *Matthew 4:4*

Praise to you, Lord Jesus Christ, king of endless glory!  
No one lives on bread alone,  
but on every word that comes from the mouth of God.  
Praise to you, Lord Jesus Christ, king of endless glory!

**Gospel** *Mark 1:12-15*

A reading from the holy Gospel according to Mark

*He was tempted by Satan, and the angels looked after him.*

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

**Communion Antiphon** *Matthew 4:4*

One does not live by bread alone,  
but by every word that comes forth from the mouth of God.

MINISTRY SCHEDULE — 24&25 FEBRUARY 2024

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	PIERRE SEQUEIRA	ROD DOWLING	LUKE HANDCOCK	PETER MOORE
ALTAR SERVERS	JAKE & JOSHUA GOLDING DANYCKA FERNANDES	TOM, OLIVIA & JOEL DOWLING	CHARMAINE VOGLER LETICIA AVERY CHRISTOPHER XANTHIS	ADDISON & HARPER GRACE SOFIE GABRIEL
COMMENTATORS	AYLMYR SEQUEIRA	JACQUIE HERON	VERONICA AVERY	JILL NORTON
COLLECTORS	STEFANI CHEN STEPHEN DONOVAN	GERRY DOYLE	MARGARET SANDFORD <b>VOLUNTEER NEEDED</b>	JOE CINANNI MARIA NARDONE GRAHAM KNIGHT
READERS	COLLEEN GELDENHUYS ELIZABETH YUSTIRA	RITA ILICH ALICE BATY	NICOLE PARKER GERARD DE SOUZA	MAUREEN BRIGHT KELVIN GRACE
EMOHC	MEGAN DOWLING GERRI CLAY	BRYAN LILLIS	RUTH THORN MELISSA TROLIO	JOE CINANNI MAISIE CINANNI
ALTAR SOCIETY: MRS ANGELA NANKIVELL			PILGRIM STATUE: ANNE ANDRIANI	
COUNTERS: BARRY FARRELL, KEVIN WRINGE, PAM KODITUWAKKU & HELEN VESTER			CHILDREN'S LITURGY: —	