

WELCOME

ST BENEDICT'S CATHOLIC PARISH — 29 OCTOBER 2023



"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM**



Reconciliation:

Sat: 4.30PM - 5.30PM

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on

Thursdays @1pm

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @10am, gathering @9.45am (new time)

Baptisms: By appointment

Marriages: By appointment

Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: www.stbenedicts.net.au

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (admin): applecross@perthcatholic.org.au

Parish Priest: Fr Nelson Po

E (Fr Nelson): nelson.po@perthcatholic.org.au

Resident Priest: Fr Joseph Laundry

E (Fr Joseph): joseph.laundry@perthcatholic.org.au

BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

30th SUNDAY IN ORDINARY TIME, YEAR A

GOSPEL REFLECTION BY Dianne Bergant CSA

Our religious tradition is founded on love. Actually, life itself is grounded in love. We may not always feel this love, but if we allow ourselves to reflect on life, we will realise this truth. We have been called into being by God's love; and we will only be happy if we live in that love. Thus, when we are directed to love God and love one another, we are not being asked to do something contrary to our nature. Rather, we are being told to live in accord with that nature. We come from God who is love, and so it is in our very nature to love and to be loved.

We may sometimes think that it is easier to love God than to love others. It may actually be just the opposite. Other people are tangible. We can see and hear them, interact with them. Their influence in our lives can permeate our consciousness. That is not the way it is with God. Like Moses on the mountain, we can only see the traces of divinity as God passes by (see Ex 33:23). However, we show that we love God in the way we love our neighbour.

Love, the foundation of the reign of God, is contagious. When we love others, the reign of God spreads throughout the world. The compassion that we show toward others is a form of evangelisation. It proclaims much louder than any words that the reign of God has been established.

© Dianne Bergant CSA



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Email: applecrossrelgedu@gmail.com

SACRAMENTAL COORDINATOR: Rosa Ranieri

Email: stbenedicts.sacraments@gmail.com

ST BENEDICT'S YOUTH GROUP:

Mark 0401 475 056

Pastoral Care: Yunita Lay

Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:

Marina Ciccarelli & Frances Meyerkort.

Email contact:

applecross.safeguarding@gmail.com



PARISH NOTICES

EVENTS

- ◆ 29 OCTOBER — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS
- ◆ 1 NOVEMBER — ALL SAINTS MASS @7AM
- ◆ 2 NOVEMBER — ALL SOULS MASS @9AM
- ◆ 2, 9 & 16 NOVEMBER — ALPHA COURSE, THURSDAYS @6.30-8.30PM
- ◆ 3 NOVEMBER — FIRST FRIDAY FRIENDS @11AM
- ◆ 11 NOVEMBER — YOUTH MASS @6PM
- ◆ 12 NOVEMBER — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: ANNE BANKS & BETTY DYKES)
- ◆ 26 NOVEMBER — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS



2023 COLUMBAN CALENDAR ON SALE

The Columban Art Calendar is an iconic Catholic Calendar, well-known for its traditional religious paintings and liturgical information and is a major fundraiser for Columban Missionaries. 2023 marks the 101th edition.

COST: \$10 each

Please give the money to Fr Nelson or the parish office.

Thank you.

PRAYER FOR PEACE

*God of mercy and compassion,
of grace and reconciliation,
pour your power upon all your children in the Middle East:
Jews, Muslims and Christians,
Palestinians and Israelis.
Let hatred be turned into love, fear to trust, despair to hope,
oppression to freedom, occupation to liberation,
that violent encounters may be replaced by loving embraces,
and peace and justice could be experienced by all.
God of all creation, bring justice and peace to our world.
Teach us to be peacemakers. Guide us in our pursuit of
justice and the common good. Inspire us to welcome all, forgive
all, and love all. Direct us as we walk in the shadow of Jesus: the
Way, the Truth, and the Life. Inspire us to perceive the world
through your eyes, that we might find hope and joy each day,
supportive of each other, for the sake of your Kingdom. Amen.*

During November we pray for our deceased loved ones. A box will be placed on the altar where you can place your November envelopes with the names of the deceased persons who will be remembered at all Masses.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Sr Carla, Truus Botman, Ng Chai Hong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odorisio, Michelle O'Brien, Liesel Beukes, Helen Teo, James Kelly, Thomas McGuire Marris, Lorraine Healey and all others who are not included in this list. *Thank you.*



YOUTH CORNER

1. Youth Mass — **11 November @6pm**
2. Youth Events are scheduled on the 1st & 3rd Sundays of every month after the 6pm mass.

Mary Mother of Sorrows Prayer Group invites you to a day of Reflection with Sister Frances on **Thursday 2 November 2023.**

Theme: A Day with St Francis, commencing 9.45am to 2.30pm
at Mary Mackillop Centre,
16 York Street, South Perth.

Cost \$15, BYO lunch with morning tea provided.
RSVP: Judy Phillips 9364 9249.



FIRST FRIDAY FRIENDS

The next First Friday Friends on **3 November** will be a normal gathering @11am in the Fr Albert Lynch room. All are welcome to attend and if you are staying for lunch please bring along a savoury plate to share. Any queries just give Maureen a ring on 0413 831 357.

PARISH MORNING TEA INVITATION



**SUNDAY,
12 NOVEMBER 2023
AFTER 7.30AM MASS**

**ROSTER:
ANNE BANKS &
BETTY DYKES**

Prayer and Faith development small groups in our parish:

Mary Mother of Sorrows: a prayer group that spends quiet time of reflection, prayer, hymns of praise & thanksgiving and fellowship. Meets Thursday @1pm in Albert Lynch room
Enquiries: Elspeth 0488 683 310 Judy 9364 9249

Build My Life: focuses on growing faith through fellowship, loosely structured bible study & prayer. Meets weekly Thursday evening @7pm in St Benedicts school staff room
Enquiries: Steve 0412 207 750

Christian Life Community (CLC) is based on Ignatian Spirituality which is a powerful way of helping us make God-based decisions in our lives. clcaustralia.org.au
ignatianspiritualitywa.com.au
Enquiries: Kevin Wringe 0407 511 104

The next ALPHA COURSE alpha.org.au
Starting 31/8/2023 @6.30-8.30pm (Thursdays) at St Benedicts Church www.stbenedicts.net.au
Registration: alphaatstbenes@gmail.com
Enquiries: Dom 0404 803 408 or Nicole 0429 859 308

PLEASE PRAY FOR RECENTLY DECEASED:

Beatrice Leong — Funeral: Monday 30/10/23 @10am.
Paul Heron

ANNIVERSARIES:

John Quinn, Mary Cargeeg, Frank Cocks, Rita Roach and all deceased benefactors of the parish and all departed family and friends.
Thank you.



SAFEGUARDING INDUCTION TRAINING – LEVEL 1

Tuesday, 07 November 2023 at 7 pm – Online

Friday, 17 November 2023 at 10 am – Online

Wednesday, 06 December 2023 at 10 am – Online

To register <https://safeguarding.perthcatholic.org.au/training/#induction>.

Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

31 Oct INFORMATION EVENING - WHAT IS THE CATECHESIS OF THE GOOD SHEPHERD?

Tuesday 31 October 7.30pm to 9.30pm, 27 Lalor Street, Scarborough. The Catechesis of the Good Shepherd provides a sacred space for Christian faith formation of children aged 3 to 12 years. It is like a retreat centre for children, providing a place where they can form a personal relationship with Jesus, the Good Shepherd as well as formation and faith enrichment for adults and sacramental retreats. The Catechesis is grounded in scripture, and liturgy guided by the understanding of the child discovered by Maria Montessori. Children and adults hear the Gospel through the use of sensory-rich materials. It is a place of community and worship, a place to be with and enjoy God, listen to the Word, and to pray. Find out more about the work of the Catechesis of the Good Shepherd and our approach to faith formation of children and adults in this evening. Supper is included in the evening. **Further info or to register** contact Marie Fernandez at goodshepherdwa@cgswa.org.au.

1 & 8 Nov THE WORD OF THE LORD: EXPLORING SCRIPTURES

Wednesdays, 7.30pm to 8.30pm, (remaining 2 sessions), Bateman Parish, 100 Dean Road, Bateman Parish. This course offers a general overview of Scripture and its significance for our lives. The central topics covered include: an understanding of the Bible in context, the relationship between the Old and New Testaments, how we understand the Church through Scripture and the importance of tradition and revelation. Suggested donation \$20.00. Presenter, Dr Peter Christofides.

Further info or to register, email cfe@perthcatholic.org.au, or call 08 9278 0261.

26 Nov CHORISTER FOR A DAY

The Cathedral Choir invites boys from all over Perth aged between the ages of 6-14 to join us and sample what it's like to be a Cathedral Chorister and experience the richness of liturgical life in the Mother Church of the Archdiocese - just for a day! Includes 11am Solemn Sung Mass with orchestra, light lunch, singing activities and get to meet the Cathedral's two pipe organs. **Sunday 26 November 11am to 2.30pm, St Mary's Cathedral, Perth.**

Registrations close on **Thursday 23 November.**

Register at music.cathedral@perthcatholic.org.au.

Presence

I remind myself that, as I sit here now, God is gazing on me with love and holding me in being. I pause for a moment and think of this.

Freedom

I ask for the grace to let go of my own concerns and be open to what God is asking of me, to let myself be guided and formed by my loving Creator.

Consciousness

Lord, you gave me the night to rest in sleep. In my waking hours may I not forget your goodness to me.

Guide me to share your blessings with others.

Inspiration

We can never overestimate the importance of these words of Jesus. For him, it is absolutely clear that the greatest commandment is love. Nothing can be more important than loving God above all and loving others as oneself. I let this truth touch my mind and my heart, purifying my intentions and actions, and giving me a sense of priority in whatever I do.

'On these two commandments hang all the law and the prophets'. I recall what St Paul once said, that whatever I do without love is absolutely worthless.

I look at the quality of my love, and ask for a truly loving heart.

Conversation

God's Word is always fruitful.

How is it touching me now

As I reflect on what I have just prayed?

Do I feel comforted? Do I feel challenged?

Conclusion

Filled with the loving presence of God. Ask Him to bless you and guide your steps.

As you go to do His work in your daily life.

Amen

CHILDREN'S CORNER

Fill in the missing words to complete the story.

- love
- second
- God
- answered
- yourself
- teacher
- heart
- first
- test
- commandment

An expert in the Jewish law tried to _____ Jesus. He asked, "_____, what is the most important _____?"



Jesus _____: "Love the Lord your _____ with all your _____, soul and mind." This is the _____ and most important commandment. The _____ is like it: "_____ your neighbor as much as you love _____".



Show your love

I show love for God when I

I show love for others when I

Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church.** Thank you.



NEXT WEEK'S READINGS: 31st Sun in Ord Time, Year A

1st: Mal 1:14-2:2, 8-10

Ps: 130

2nd: 1Thess 2:7-9, 13

Gospel: Mt 23:1-12



READINGS FOR THE DAY

Entrance Antiphon *Cf Psalm 104:3-4*

Let the hearts that seek the Lord rejoice;
turn to the Lord and his strength;
constantly seek his face.

First Reading *Exodus 22:20-26*

A reading from the book of Exodus

If you are harsh with the widow or the orphan, my anger will rage against you.

The Lord said to Moses, 'Tell the sons of Israel this, "You must not molest the stranger or oppress him, for you lived as strangers in the land of Egypt. You must not be harsh with the widow, or with the orphan; if you are harsh with them, they will surely cry out to me, and be sure I shall hear their cry; my anger will flare and I shall kill you with the sword, your own wives will be widows, your own children orphans.

"If you lend money to any of my people, to any poor man among you, you must not play the usurer with him: you must not demand interest from him.

"If you take another's cloak as a pledge, you must give it back to him before sunset. It is all the covering he has; it is the cloak he wraps his body in; what else would he sleep in? If he cries to me, I will listen, for I am full of pity."

Responsorial Psalm *Ps 17:2-4. 47. 51. R. v.2*

(R.) I love you, Lord, my strength.

1. I love you, Lord, my strength,
my rock, my fortress, my saviour.
My God is the rock where I take refuge;
my shield, my mighty help, my stronghold.
The Lord is worthy of all praise:
when I call I am saved from my foes. *(R.)*
2. Long life to the Lord, my rock!
Praised be the God who saves me.
He has given great victories to his king
and shown his love for his anointed. *(R.)*

Second Reading *1 Thessalonians 1:5-10*

A reading from the first letter of St Paul to the Thessalonians

You turned away from idols to serve God and await his Son.

You observed the sort of life we lived when we were with you, which was for your instruction, and you were led to become imitators of us, and of the Lord; and it was with the joy of the Holy Spirit that you took to the gospel, in spite of the great opposition all round you. This has made you the great example to all believers in Macedonia and Achaia since it was from you that the word of the Lord started to spread – and not only throughout Macedonia and Achaia, for the news of your faith in God has spread everywhere. We do not need to tell other people about it: other people tell us how we started the work among you, how you broke with idolatry when you were converted to God and became servants of the real, living God; and how you are now waiting for Jesus, his Son, whom he raised from the dead, to come from heaven to save us from the retribution which is coming.

Gospel Acclamation *John 14:23*

Alleluia, alleluia!

All who love me will keep my words,
and my Father will love them and we will come to them.

Alleluia!

Gospel *Matthew 22:34-40*

A reading from the holy Gospel according to Matthew

You shall love the Lord your God and your neighbour as yourself.

When the Pharisees heard that Jesus had silenced the Sadducees they got together and, to disconcert him, one of them put a question, 'Master, which is the greatest commandment of the law?' Jesus said, 'You must love the Lord your God with all your heart, with all your soul, and with all your mind. This is the greatest and the first commandment. The second resembles it: you must love your neighbour as yourself. On these two commandments hang the whole Law, and the Prophets also.'

Communion Antiphon *Cf Psalm 19:6*

We will ring out our joy at your saving help

MINISTRY SCHEDULE — 4 & 5 NOVEMBER 2023

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	MIKE TARANTO	MIKE KILROE	DOMINIC LONGO	MARK WELSH
ALTAR SERVERS	ETHAN TSIA AMELIA & ISABELLE TARANTO	OPEN TO ANY SERVERS TO ASSIST	XAVIER SIA DANIEL & CHRISTIAN VINCI	SOFIE GABRIEL NOEL & ELOUISE LIU
COMMENTATORS	MILDRED REGO	MEGAN OH	MARINA CICCARELLI	JILL NORTON
COLLECTORS	IONE COORAY STEPHEN DONOVAN	JAMES GALVIN	MARGARET SANDFORD	CHRIS JOSEPH MARIA NARDONE
READERS	ANTONIO VARNAKULASINGHAM GERRI CLAY	ALICE BATY SALLY HOBDBAY	DANIEL BARIN PAUL SEARSON	MAISIE CINANNI BEV PICHE
EMOHC	YVONNE GARBIN FRANCIS MEYERKORT	MONICA ANDERSON	JUDY PHILLIPS SARAH NEALE	DONNA ARTINGSTALL OSBORNE D'SOUZA
ALTAR SOCIETY: MILDRED REGO			PILGRIM STATUE: MERY TAN	
COUNTERS: HELEN OAKLEY, JESSIE TAN, ANNE BANKS, BERNADETTE O'BRIEN, JENNIFER DI GIOVANNI & CONNIE BOVE			CHILDREN'S LITURGY: —	