

WELCOME

ST BENEDICT'S CATHOLIC PARISH — 13 AUGUST 2023



"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM**



Reconciliation:

Sat: 4.30PM - 5.30PM

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @1pm

Baptisms: By appointment

Marriages: By appointment

Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: www.stbenedicts.net.au

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (admin): applecross@perthcatholic.org.au

Parish Priest: Fr Nelson Po

E (Fr Nelson): nelson.po@perthcatholic.org.au

Resident Priest: Fr Joseph Laundry

E (Fr Joseph): joseph.laundry@perthcatholic.org.au

BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

19TH SUNDAY IN ORDINARY TIME, YEAR A

GOSPEL REFLECTION BY Dianne Bergant CSA

Although divine power is manifested in dramatic ways, it is also present in what is unassuming. Traces of God can be seen in the delicacy of a violet, in a cool summer breeze, in the blush of innocence, in the fiery eyes of justice. Every one of us lives in the midst of God, breathes the breath of God's life, and is constantly touched by the exquisite artistry of God's creativity. Life itself is a mountain experience of God.

As wonderful as life may be, it can also be very frightening at times. There are misunderstandings and rancour, jealousy and vindictiveness, greed and a hunger for power. Our personal lives can come unravelled and we can feel that we are genuinely 'at sea'. Every human being is tossed about by the exigencies of life. It is at times like these that we need faith in Jesus. Even though we do not recognise him, he is there in the midst of our chaos. Having the power of God, he is the definitive champion of all chaos, and so he is able to allay our fears and calm the sea.

A true experience of God, whether it be within the ordinariness of life or one of life's tribulations, is both transformative and effusive. It is a reality that cannot be contained; it must be proclaimed. Disciples must be ready to do what they can in order that the good news of God's revelation be made known to others.

© Dianne Bergant CSA



PREP COORDINATOR: Maureen Bright

Email: applecrossrelgedu@gmail.com

SACRAMENTAL COORDINATOR: Rosa Ranieri

Email: stbenedicts.sacraments@gmail.com

ST BENEDICT'S YOUTH GROUP:

Daniel: 0466 575 037 Mark 0401 475 056

Pastoral Care: Yunita Lay

Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:

Karl Brown,
Marina Ciccarelli &
Frances Meyerkort.



Email contact:

applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- ◆ 12 AUGUST — YOUTH MASS @6PM
- ◆ 13 AUGUST — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: LINDA ROBERTSON & MARY ALVARO)
- ◆ 15 AUGUST — FEAST OF THE ASSUMPTION @9AM (SCHOOL & PARISH) AND @7PM
- ◆ 16-17 AUGUST — PERFORMING ARTS FESTIVAL AT CHURCH
- ◆ 19 AUGUST — CONFIRMATION SACRAMENT @2PM
- ◆ 26 AUGUST — PARISH BUSY BEE @8-11AM
- ◆ 26-27 AUGUST — CATHOLIC MISSION 2023 APPEAL WEEK
- ◆ 27 AUGUST — COOKIES, CUPPA & CHAT AFTER 9.30AM MASS
- ◆ 27 AUGUST — CONFIRMATION SACRAMENT @2PM
- ◆ 31 AUGUST — ALPHA COURSE STARTS @6.30-8.30PM
- ◆ 5 SEPTEMBER — SENIORS SPRING LUNCH @11.30AM

A member of our parish is in very difficult circumstances and is looking for a 3 or 4 bedroom property to lease. The family have an excellent rental history but currently live far away from Applecross. If anyone has a property which they are able to lease to a reliable tenant in the foreseeable future, and are prepared to do so at less than current market rental, please speak with Fr Nelson.

The next ALPHA COURSE alpha.org.au
 Starting **31/8/2023 @6.30-8.30pm**
 at St Benedicts Church www.stbenedicts.net.au
 Registration: alphaatstbenes@gmail.com
 Enquiries: Dom 0404 803 408 or Nicole 0429 859 308

St Benedict's Craft Group
 With many thanks to our ever supportive parishioners and with the final totals now in, together we have raised the sum of **\$723** from our recent Winter Fair in aid of the St Vincent de Paul Society.

TERM 3 2003 — Adult Faith Education Programme
23 Aug - 13 Sep SACRAMENTS OF HEALING: ENTERING INTO COMMUNION WITH GOD AND THE CHURCH

Wednesdays, 7.30pm to 8.30pm, (4 sessions) Applecross Parish, Canning Hwy & Ardross St, Applecross.

The experiences of sin, suffering, illness, and death are fundamental to every human life. The Church responds to these experiences by offering healing and reconciliation through Jesus Christ, the true healer of our souls and bodies.

There are two sacraments of healing in Catholic sacramental life: the Sacrament of Reconciliation and the Sacrament of Anointing of the Sick.

This course will discover the Biblical origins and the historical development of these sacraments, as well as invite participants to recognise the need for healing and forgiveness in their own lives.

Suggested donation \$20. Presenter, Dr Carmel Stuart.

Further info or to register, email cfe@perthcatholic.org.au or call 08 9278 0261.

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Sr Carla, Truus Botman, Patrick Thomas, Ng Chai Hong, Beatrice Leong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odoriso, Michelle O'Brien, Liesel Beukes, Helen Teo, James Kelly, Thomas McGuire Marris and all others who are not included in this list. *Thank you.*



YOUTH CORNER

1. Youth Mass — **12 August @6pm**
2. Youth Events are scheduled on the 1st & 3rd Sundays of every month after the 6pm mass.

PARISH MORNING TEA INVITATION



SUNDAY, 13 AUGUST 2023 AFTER 7.30AM MASS

ROSTER: LINDA ROBERTSON & MARY ALVARO

The Assumption of the Blessed Virgin Mary



Mass will be celebrated on Tuesday 15 AUGUST 2023 @9AM (School & Parish) & @7PM (Holy Day of Obligation)

SCHOOL PERFORMING ARTS FESTIVAL AT ST BENEDICT'S CHURCH 16th—17th AUGUST, 9.30AM TO 3PM

The church will be used for the Performing Arts Festival on these days. Please do not park in the parking bays outside the church doors or in the street in front of the church. Thank you.

INVITATION TO ALL ST BENEDICT'S SENIORS

SENIORS' SPRING LUNCH

TUESDAY 5 SEPTEMBER AT 11.30AM

PLEASE RSVP BY 29 AUGUST 2023 to the parish office on **08 9364 1120** or Email to applecross@perthcatholic.org.au

NOTE- NUMBERS WILL BE LIMITED DUE TO SPACE

PLEASE PRAY FOR RECENTLY DECEASED: ANNIVERSARIES:

Elaine Lynch, Dennis Allen, Dick Zalmstra, Chas Byrne, Barry May, Rosa Orifici, John Carroll, Michael Donovan, Gerald Clifford, Rita Murray, Kathleen O'Leary, Marjorie West, Frank Humphris and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



SAFEGUARDING INDUCTION TRAINING – LEVEL 1

Wednesday 16 August, Online, 2pm to 3pm
 Thursday 31 August, Online, 7pm to 8pm
 To register <https://safeguarding.perthcatholic.org.au/training/#induction>.
 Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

19 Aug & 03 Sep TURRIST ORATIONIST MINISTRY - CONFERENCE

Turrist Oratorianist Ministry (TOM) is an Indonesian Catholic Charismatic Youth Group and is celebrating its birthday this year and are inviting all to our conference. The conference themed, *More Than Conquerors* will be held on **Sunday 6 August, Saturday 19 August and Sunday 3 September at Sts John & Paul, Willetton Catholic Parish Hall.** The conference will be conducted in English. Please [click here](#) for flyer. For booking, please visit <https://events.humanitix.com/more-than-conquerors>. Further info; contact@tom.org.au

Archdiocesan Marriage Mass, Saturday, 19 August @10am, St Mary's Cathedral.

All parishioners are warmly invited to attend this special Mass. A blessing will be bestowed on ALL married couples who attend. In addition, do you know a couple celebrating a milestone anniversary 10, 25, 30, 35, 40, 45 or 50+ years of marriage? The Bishops would like to give these couples a special commemorative certificate as part of the celebration. Couples can register for a milestone anniversary certificate at <https://bit.ly/marriagemass2023>

26 Aug 70TH ANNIVERSARY CELEBRATION – BILLINGS LIFE - NATURAL FAMILY PLANNING

Billings LIFE warmly invite you to join the Perth celebration to mark the 70th Anniversary of the beginning of Dr John Billings' research in Natural Family Planning. **Saturday 26 August 9am Mass, St Joseph Pignatelli Parish, 40 Galloway Street, Attadale**, followed by morning tea. For catering purposes please RSVP to Mandie Bowen to bnfpwa@westnet.com.au

27 August Come and See' the Shrine of Mary

Join us to learn about the little Shrine on the hill and what it holds for you. The Schoenstatt Movement is a spiritual family offering formation and events for families, couples, singles, youth and children. Experience a fun-filled afternoon with guided tours, afternoon tea, testimonies and information materials, activities for children and teenagers. We will conclude with prayer & song at the Shrine @3.30pm. **Sunday 27 August, 2.00-4.00pm, Schoenstatt Shrine, 9 Talus Drive, Mount Richon.** Free event. Inquiries: Terry Huxtable (mob) 0403 910 925(email) WAINFO@schoentatt.org.au

PLANNED GIVING (2ND COLLECTION):

Parish income for the quarter ended 30/06/23 was 90.62% of the budgeted income. Year to date to 30/06/23 was 96.52% of the budgeted income. Thank you for your generosity and commitment to the parish.

Presence

I pause for a moment, aware that God is here. I think of how everything around me, the air I breathe, my whole body, is tingling with the Presence of God.

Freedom

“There are very few people who realise what God would make of them if they abandoned themselves into his hands, and let themselves be formed by his grace.” (Saint Ignatius) I ask for the grace to trust myself totally to God's love.

Consciousness

God, may I rest in your radiant presence, just as a flower basks in the light and warmth the sun. Thank you for bringing light and warmth to my life, through other people, through nature, through your Word.

Conversation

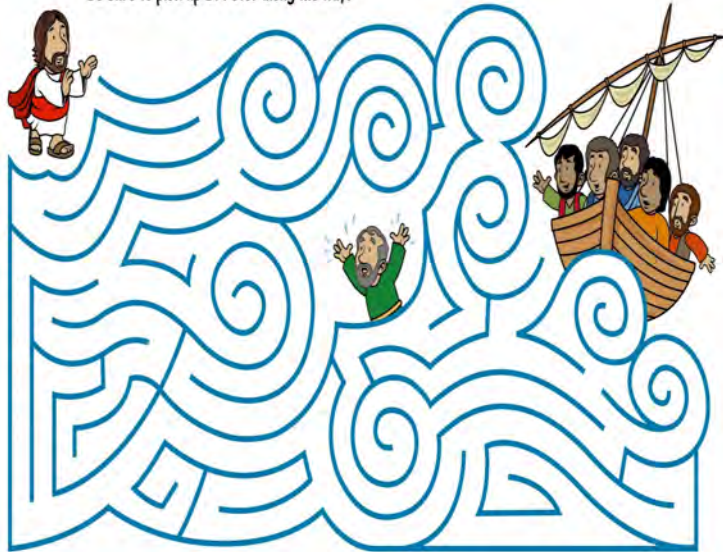
Lord, I know that when I turn to You there is no need for words. You can see into my heart. You know my desires and You know my needs. I place myself into Your hands.

Conclusion

I thank God for these few moments we have spent alone together and for any insight may have been given concerning the text.

CHILDREN'S CORNER

Help Jesus find his way across the water and onto the boat.
 Be sure to pick up St Peter along the way!



Life is a bit like a boat out at sea - on some days life seems good and the sea is calm, but on other days there are storms that rock our boat and try to tip it over. Write or draw some of the things that make life tough for you on those stormy days?



Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church.** Thank you.



NEXT WEEK'S READINGS: 20th Sun in Ord Time, Year A

1st: Is 56:1, 6-7 **Ps:** 66:2-3, 5-6, 8
2nd: Rom 11:13-15, 29-32 **Gospel:** Mt 15:21-28



READINGS FOR THE DAY

Entrance Antiphon Cf *Psalm 73:20,19,22,23*

Look to your covenant, O Lord,
and forget not the life of your poor ones for ever.
Arise, O God, and defend your cause,
and forget not the cries of those who seek you.

First Reading *1 Kings 19:9.11-13*

A reading from the first book of the Kings

Go out and stand on the mountain before the Lord God.

When Elijah reached Horeb, the mountain of God, he went into the cave and spent the night in it. Then he was told, 'Go out and stand on the mountain before the Lord.' Then the Lord himself went by. There came a mighty wind, so strong it tore the mountains and shattered the rocks before the Lord. But the Lord was not in the wind. After the wind came an earthquake. But the Lord was not in the earthquake. After the earthquake came a fire. But the Lord was not in the fire. And after the fire there came the sound of a gentle breeze. And when Elijah heard this, he covered his face with his cloak and went out and stood at the entrance of the cave.

Responsorial Psalm *Ps 84:9-14. R. v.8*

(R.) Lord, show us your mercy and love,
and grant us your salvation.

1. I will hear what the Lord God has to say,
a voice that speaks of peace.
His help is near for those who fear him
and his glory will dwell in our land. (R.)
2. Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven. (R.)
3. The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps. (R.)

Second Reading *Romans 9:1-5*

A reading from the letter of St Paul to the Romans

I would willingly be condemned if it could help my people.

What I want to say is no pretence; I say it in union with Christ – it is the truth – my conscience in union with the Holy Spirit assures me of it too. What I want to say is this: my sorrow is so great, my mental anguish so endless, I would willingly be condemned and be cut off from Christ if it could help my brothers of Israel, my own flesh and blood. They were adopted as sons, they were given the glory and the covenants; the Law and the ritual were drawn up for them, and the promises were made to them. They are descended from the patriarchs and from their flesh and blood came Christ who is above all, God for ever blessed! Amen.

Gospel Acclamation *Psalm 129:5*

Alleluia, alleluia!
I hope in the Lord,
I trust in his word.
Alleluia!

Gospel *Matthew 14:22-33*

A reading from the holy Gospel according to Matthew

Command me to come to you over the water.

Jesus made the disciples get into the boat and go on ahead to the other side while he would send the crowds away. After sending the crowds away he went up into the hills by himself to pray. When evening came, he was there alone, while the boat, by now far out on the lake, was battling with a heavy sea, for there was a head-wind. In the fourth watch of the night he went towards them, walking on the lake, and when the disciples saw him walking on the lake they were terrified. 'It is a ghost' they said, and cried out in fear. But at once Jesus called out to them, saying, 'Courage! It is I! Do not be afraid.' It was Peter who answered. 'Lord,' he said 'if it is you, tell me to come to you across the water.' 'Come' said Jesus. Then Peter got out of the boat and started walking towards Jesus across the water, but as soon as he felt the force of the wind, he took fright and began to sink. 'Lord! Save me!' he cried. Jesus put out his hand at once and held him. 'Man of little faith,' he said 'why did you doubt?' And as they got into the boat the wind dropped. The men in the boat bowed down before him and said, 'Truly, you are the Son of God.'

Communion Antiphon *Psalm 147:12,14*

O Jerusalem, glorify the Lord,
who gives you your fill of finest wheat.

MINISTRY SCHEDULE — 19 & 20 AUGUST 2023

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	ADRI SUDJANA	STEVEN ROBERTSON	DENIS RIGG	MARK WELSH
ALTAR SERVERS	ELLA, MATTHEW & JORDAN TRUEMAN		LETICIA AVERY JACKSON HANDCOCK CHRISTOPHER XANTHIS	ALEX & OLAF RIJKS OLIVER & JACOB WONG
COMMENTATORS	STEFANI CHEN	ALICE BATY	TERRY BOLAND	JILL NORTON
COLLECTORS	IONE COORAY STEPHEN DONOVAN	FRANK GERICEVICH	ROGER BUNN TERRY BOLAND	ADRIAN DARGIE
READERS	FRANCES MEYERKORT ELIZABETH YUSTIRA	JACQUIE HERON ADELE PARSONS	MOIRA BUNN LORRAINE HEALEY	BEV PICHE JACKIE WONG
EMOHC	PHIL TRUEMAN AYLMYR SEQUEIRA	BRYAN LILLIS	TERET BROCKWAY MELISSA TROLIO	JOE CINANNI MAISIE CINANNI
ALTAR SOCIETY: ANGELA NANKIVELL, COLLEEN & FRANCESCA VALLINI			PILGRIM STATUE: ROBERT & JACQUIE HERON	
COUNTERS: BARRY FARRELL, KEVIN WRINGE, PAM KODITUWAKKU & HELEN VESTER			CHILDREN'S LITURGY: —	