

WELCOME

ST BENEDICT'S CATHOLIC PARISH — 6 AUGUST 2023



"The Love of Christ must come before all else." (Rule of St Benedict)

WEEKLY SERVICES

Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)
FRIDAYS @7AM**



Reconciliation:

Sat: 4.30PM - 5.30PM

Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

Prayer Group:

Mary Mother of Sorrows: Meetings on

Thursdays @1pm

Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @1pm

Baptisms: By appointment

Marriages: By appointment

Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: www.stbenedicts.net.au

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (admin): applecross@perthcatholic.org.au

Parish Priest: Fr Nelson Po

E (Fr Nelson): nelson.po@perthcatholic.org.au

Resident Priest: Fr Joseph Laundry

E (Fr Joseph): joseph.laundry@perthcatholic.org.au

BENEDICTCARE COORDINATORS:

Head Coordinator: Carmel Tick - 0488 100 928

New Parishioners: Ruth Thorn

Home Help: Herlene Yu

Handyman/Gardening: Louis Bove

Visiting: Meagan Xanthis

Transport: Lorna D'Souza

Emergency Meals: Kevin McCormack

PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

THE TRANSFIGURATION OF THE LORD, YEAR A

GOSPEL REFLECTION BY Greg Sunter

Jesus takes his most trusted disciples up a high mountain to allow them to share in what he knows is about to occur. It is a very clear teaching moment in which Jesus hopes the disciples are going to finally grasp the truth about him. As the disciples stand by, Jesus is transformed before them – suddenly bathed in light and his clothes become dazzlingly white. The disciples also see Moses and Elijah standing and talking with Jesus. Moses was the great Law-giver of Jewish tradition and Elijah the great prophet. Together, they represent the Law and the Prophets – the combined wisdom that make up the tradition of Jewish teaching and Jewish scripture. It is the Law and the Prophets that Jesus' life and ministry brings to fulfilment. It is fitting that Moses and Elijah appear beside Jesus, as the three figures combined represent the fullness of Jewish tradition – the Law of Moses; the challenge and promise of the Prophets; and the compassion of Jesus that completes the other two.

Sadly, the disciples don't really get the point of what they see before them. Peter, caught up in the moment, wants to build tents on the spot to mark the moment and to continue to dwell in the moment. Jesus, however, leads them back down the mountain – back into the valley; back into the reality of life; back into the tragedy that he knows lies before them. No matter how powerful a religious experience may be, Jesus shows us that we always have to return to real life. It is not possible to remain on the 'mountaintop' as Peter would have liked to do; we have to take the experience back into the everyday of our lives.

© Greg Sunter



PREP COORDINATOR: Maureen Bright

Email: applecrossrelgedu@gmail.com

SACRAMENTAL COORDINATOR: Rosa Ranieri

Email: stbenedicts.sacraments@gmail.com

ST BENEDICT'S YOUTH GROUP:

Daniel: 0466 575 037 Mark 0401 475 056

Pastoral Care: Yunita Lay

Email: stbenedicts.pastoral@gmail.com

PARISH SAFEGUARDING OFFICERS:

Karl Brown,
Marina Ciccarelli &
Frances Meyerkort.



Email contact:

applecross.safeguarding@gmail.com

PARISH NOTICES

EVENTS

- ◆ 8 AUGUST — CONFIRMATION PARENT-CHILD WORKSHOP @4.30PM OR 6PM
- ◆ 9 AUGUST — CONFIRMATION PARENT-CHILD WORKSHOP @5PM
- ◆ 12 AUGUST — YOUTH MASS @6PM
- ◆ 13 AUGUST — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: LINDA ROBERTSON & MARY ALVARO)
- ◆ 15 AUGUST — FEAST OF THE ASSUMPTION @9AM (SCHOOL & PARISH) AND @7PM
- ◆ 16-17 AUGUST — PERFORMING ARTS FESTIVAL AT CHURCH
- ◆ 19 AUGUST — CONFIRMATION SACRAMENT @2PM
- ◆ 27 AUGUST — CONFIRMATION SACRAMENT @2PM

TERM 3 2023

Adult Faith Education Programme

Applecross Parish – Canning Highway & Ardross Street, Applecross, 6153



**Sacraments of Healing:
Entering into Communion
with God and the Church**

ON: Wednesdays, 23 August – 13 September
FROM: 7:30pm – 8:30pm (4 sessions)
WITH: Dr Carmel Suart
AT: Applecross Parish – Canning Highway & Ardross Street, Applecross, 6153
COST: Suggested donation, \$20

The experiences of sin, suffering, illness and death are fundamental to every human life. The Church responds to these experiences by offering healing and reconciliation through Jesus Christ, the true healer of our souls and bodies. There are two sacraments of healing in Catholic sacramental life: the Sacrament of Reconciliation and the Sacrament of Anointing of the Sick. This course will discover the Biblical origins and the historical development of these sacraments, as well as invite participants to recognise the need for healing and forgiveness in their own lives.

For further info or to register, please contact the Centre for Faith Enrichment or Applecross Parish. Details below:

Centre for Faith Enrichment
 Website: www.cfe.org.au
 Phone: 9278 0261
 Email: cfe@perthcatholic.org.au

St Benedict's – Applecross
 Website: www.stbenedicts.net.au
 Phone: 9364 1120
 Email: applecross@perthcatholic.org.au



YOUTH CORNER

1. Youth Mass — 12 August @6pm
2. Youth Events are scheduled on the 1st & 3rd Sundays of every month after the 6pm mass.

PARISH MORNING TEA INVITATION



**SUNDAY,
13 AUGUST 2023
AFTER 7.30AM MASS**

**ROSTER:
LINDA ROBERTSON &
MARY ALVARO**

The Assumption of the Blessed Virgin Mary



**Mass will be celebrated on Tuesday
15 AUGUST 2023 @9AM (School & Parish) & @7PM
(Holy Day of Obligation)**

**SCHOOL PERFORMING ARTS FESTIVAL
AT ST BENEDICT'S CHURCH
16th—17th AUGUST, 9.30AM TO 3PM**

The church will be used for the Performing Arts Festival on these days.

Please do not park in the parking bays outside the church doors or in the street in front of the church. Thank you.

Prayer and Faith development small groups in our parish:

Mary Mother of Sorrows: a prayer group that spends quiet time of reflection, prayer, hymns of praise & thanksgiving and fellowship.

Meets Thursday @1pm in Albert Lynch room
 Enquiries: Elspeth 0488 683 310 Judy 9364 9249

Build My Life: focuses on growing faith through fellowship, loosely structured bible study & prayer.
 Meets weekly Thursday evening @7pm in St Benedicts school staff room

Enquiries: Steve 0412 207 750

Christian Life Community (CLC) is based on Ignatian Spirituality which is a powerful way of helping us make God-based decisions in our lives. clcaustralia.org.au
ignatianspiritualitywa.com.au

Enquiries: Kevin Wringe 0407 511 104

The next ALPHA COURSE alpha.org.au
 Starting 31/8/2023 @6.30-8.30pm at St Benedicts Church www.stbenedicts.net.au
 Registration: alphaatstbenes@gmail.com

Enquiries: Dom 0404 803 408 or Nicole 0429 859 308

PRAY FOR THE SICK

Please keep the following people in your prayers:

Myrtle Nimmo, Sr Carla, Truus Botman, Patrick Thomas, Ng Chai Hong, Beatrice Leong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odoriso, Michelle O'Brien, Liesel Beukes, Helen Teo, James Kelly, Thomas McGuire Marris and all others who are not included in this list. *Thank you.*



PLEASE PRAY FOR RECENTLY DECEASED:

Robin Sy Suan.

ANNIVERSARIES:

Raymond Bowl, John Williams, John O'Leary, Jemma Blet, Francis Smith, Antun Triglavcanin, Paul Hallelay and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



SAFEGUARDING INDUCTION TRAINING – LEVEL 1

Monday 7 August, Online, 10am-11am
 Wednesday 16 August, Online, 2pm to 3pm
 Thursday 31 August, Online, 7pm to 8pm
 To register <https://safeguarding.perthcatholic.org.au/training/#induction>.
 Further info: safeguarding@perthcatholic.org.au or 08 9221 7762.

06 Aug, 19 Aug & 03 Sep TURRIST ORATIONIST MINISTRY - CONFERENCE
 Turrist Oratorianist Ministry (TOM) is an Indonesian Catholic Charismatic Youth Group and is celebrating its birthday this year and are inviting all to our conference. The conference themed, *More Than Conquerors* will be held on **Sunday 6 August, Saturday 19 August and Sunday 3 September at Sts John & Paul, Willetton Catholic Parish Hall.** The conference will be conducted in English. Please [click here](#) for flyer. For booking, please visit <https://events.humanitix.com/more-than-conquerors>. Further info; contact@tom.org.au

Archdiocesan Marriage Mass, Saturday, 19 August @10am, St Mary's Cathedral.
 All parishioners are warmly invited to attend this special Mass. A blessing will be bestowed on ALL married couples who attend. In addition, do you know a couple celebrating a milestone anniversary 10, 25, 30, 35, 40, 45 or 50+ years of marriage? The Bishops would like to give these couples a special commemorative certificate as part of the celebration. Couples can register for a milestone anniversary certificate at <https://bit.ly/marriagemass2023>

26 Aug 70TH ANNIVERSARY CELEBRATION – BILLINGS LIFE - NATURAL FAMILY PLANNING
 Billings LIFE warmly invite you to join the Perth celebration to mark the 70th Anniversary of the beginning of Dr John Billings' research in Natural Family Planning. **Saturday 26 August 9am Mass, St Joseph Pignatelli Parish, 40 Galloway Street, Attadale,** followed by morning tea. For catering purposes please RSVP to Mandie Bowen to bnfpa@westnet.com.au

Periodically we celebrate a **Mass in honour of St Peregrine at Sts John & Paul Willetton Parish.** This Mass is not only for cancer sufferers but also for their family members and care givers and all those in need. Mass will be celebrated **on Thursday 10 August @7pm.** There will be blessing with the Relic of St Peregrine and Anointing of the Sick.

PLANNED GIVING (2ND COLLECTION):

Parish income for the quarter ended 30/06/23 was 90.62% of the budgeted income. Year to date to 30/06/23 was 96.52% of the budgeted income. Thank you for your generosity and commitment to the parish.

Presence

God is with me, but more, God is within me. Let me dwell for a moment on God's life-giving presence n my body, in my mind, in my heart, as I am here, right now.

Freedom

Guide me always to do your holy will knowing that your strength will carry me through.

Consciousness

Sometimes I get overwhelmed by the cares of this world. At times like these may I be aware of the comfort of your Presence, Your infinite love for me.

Conversation

Conversation requires talking and listening. As I talk to Jesus may I also learn to be still and listen. I picture the gentleness in His eyes and the smile full of love as he gazes on me. I can be totally honest with Jesus as I tell Him of my worries and my cares. I will open up my heart to Him as I tell Him of my fears and my doubts. I will ask Him to help me to place myself fully in His care, to abandon myself to Him, knowing that He always wants what is best for me.

Conclusion

I thank God for His gift of love
 As I go forth with joy and hope
 To serve His people.

Chaplets of the Divine Mercy.

A beautiful, prayerful, sung devotion held at **St Thomas More Catholic Church, Dean Road Bateman.** The next devotion will be held on **Wednesday 9 August 2023 commencing @7.30pm.** Enquiries to George Lopez on 0419 910



CHILDREN'S CORNER

By using the words below, can you work out what the voice from the cloud said to the apostles?

**SON AM LISTEN TO SAYS
 BELOVED HIM IS PLEASED**

THIS ___ MY
 _____,
 AND I _____
 WITH _____.
 ___ WHAT HE _____.



God wants us to listen to Jesus. Draw a picture of each of these different ways we can listen to Jesus.



Reading my bible

Listening to the Gospel during Mass

Praying to Jesus

Church/School Parking – Reminder

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church.** Thank you.



NEXT WEEK'S READINGS: 19th Sun in Ord Time, Year A

1st: 1 Kgs 19:9, 11-13
 2nd: Rom 9:1-5

Ps: 84:9-14
 Gospel: Mt 14:22-33



READINGS FOR THE DAY

Entrance Antiphon *Cf Matthew 17:5*

In a resplendent cloud the Holy Spirit appeared. The Father's voice was heard: This is my beloved Son, with whom I am well pleased. Listen to him.

First Reading *Daniel 7:9-10. 13-14*

A reading from the book of Daniel

His raiment was as white as snow.

As I watched:
Thrones were set in place
and one of great age took his seat.
His robe was white as snow,
the hair of his head as pure as wool.
His throne was a blaze of flames,
its wheels were a burning fire.
A stream of fire poured out,
issuing from his presence.
A thousand thousand waited on him,
ten thousand times ten thousand stood before him.
A court was held and the books were opened.
I gazed into the visions of the night.
And I saw, coming on the clouds of heaven,
one like a son of man.
He came to the one of great age
and was led into his presence.
On him was conferred sovereignty,
glory and kingship,
and men of all peoples, nations and languages became
his servants.
His sovereignty is an eternal sovereignty
which shall never pass away,
nor will his empire ever be destroyed.

Responsorial Psalm *Ps 96:1-2. 5-6. 9. R. vv.1. 9.*

(R.) The Lord is king, the most high over all the earth.

1. The Lord is king, let earth rejoice,
let all the coastlands be glad.
Cloud and darkness are his raiment;
his throne, justice and right. *(R.)*
2. The mountains melt like wax
before the Lord of all the earth.
The skies proclaim his justice;
all peoples see his glory. *(R.)*
3. For you indeed are the Lord
most high above all the earth
exalted far above all spirits. *(R.)*

Second Reading *2 Peter 1:16-19*

A reading from the second letter of St Peter

We heard this voice from out of heaven.

It was not any cleverly invented myths that we were repeating when we brought you the knowledge of the power and the coming of our Lord Jesus Christ; we had seen his majesty for ourselves. He was honoured and glorified by God the Father, when the Sublime Glory itself spoke to him and said, 'This is my Son, the Beloved; he enjoys my favour.' We heard this ourselves, spoken from heaven, when we were with him on the holy mountain.

So we have confirmation of what was said in prophecies; and you will be right to depend on prophecy and take it as a lamp for lighting a way through the dark until the dawn comes and the morning star rises in your minds.

Gospel Acclamation *Matthew 17:5*

Alleluia, alleluia!
This is my Son, my beloved, in whom is all my delight:
listen to him.
Alleluia!

Gospel *Matthew 17:1-9*

A reading from the holy Gospel according to Matthew

His face was shining like the sun.

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured: his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this, the disciples fell on their faces, overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.'

Communion Antiphon *Cf 1 John 3:2*

When Christ appears, we shall be like him,
for we shall see him as he is.

MINISTRY SCHEDULE — 12 & 13 AUGUST 2023

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	MIKE TARANTO	ROD DOWLING	PRAVIN PAUL SUPPIAH	ROB PAUL
ALTAR SERVERS	ESTELA, AMELIA & ISABELLE TARANTO	TOM, OLIVIA & JOEL DOWLING	GRACE STEWART CHRISTOPHER XANTHIS JOEY VILLEGAS	RUBY & TYLER MORRIS KATHERINE WIBAWANTA
COMMENTATORS	YOUTH MASS	JACQUIE HERON	VERONICA AVERY	MAISIE CINANNI
COLLECTORS	YOUTH MASS	JAMES GALVIN	MARGARET SANDFORD	CHRIS JOSEPH MARIA NARDONE
READERS	YOUTH MASS	FRANK GERICEVICH ANGELA SCOTT	JUDY PHILLIPS PAUL SEARSON	MAUREEN BRIGHT GLENDA BEUKES
EMOHC	YOUTH MASS	TINA CAMMARANO	MARGARET HANDYSIDE RUTH THORN	YULIANA VAN DER BURG COLLEEN MORRIS
ALTAR SOCIETY: HEATHER MCNAUGHT & AYLMYR SEQUEIRA			PILGRIM STATUE: CARMEL & TONY RECHICHI	
COUNTERS: JOE & MAISIE CINANNI, JOYCE D'CRUZ & GILLIAN COELHO			CHILDREN'S LITURGY: —	