

# WELCOME

ST BENEDICT'S CATHOLIC PARISH — 2 JULY 2023



*"The Love of Christ must come before all else." (Rule of St Benedict)*

## WEEKLY SERVICES

### Mass Times:

Mon: Communion - Service @7am (after the service, the church will be closed)

Wed/Fri: 7am

Tues/Thurs: 9am

Sat: 7.30am & Vigil 6pm

Sun: 7.30am, 9.30am & 6pm

**HOLY HOUR (STARTS WITH MASS)  
FRIDAYS @7AM**



### Reconciliation:

Sat: 4.30PM - 5.30PM

### Exposition of the Blessed Sacrament:

Thursday: 9.30am—5pm

Friday: 8am—5pm

### Rosary Groups:

Tue: 9.30am, Wed/Fri: 7.30am

Cenacle: Thurs: 9.30am

### Prayer Group:

Mary Mother of Sorrows: Meetings on Thursdays @1pm

### Catholic Women's League (CWL)

Meet the 2nd Tuesday of the Month in the Fr Albert Lynch Room @1pm

**Baptisms:** By appointment

**Marriages:** By appointment

### Parish Office:

115 Ardross Street, Ardross WA 6153

PO Box 1831, Applecross WA 6953

Tel: 08 9364 1120

Website: [www.stbenedicts.net.au](http://www.stbenedicts.net.au)

Office Hours: 10am—4pm (Tue-Fri)

Admin Officer: Stefani Chen

E (admin): [applecross@perthcatholic.org.au](mailto:applecross@perthcatholic.org.au)

Parish Priest: Fr Nelson Po

E (Fr Nelson): [nelson.po@perthcatholic.org.au](mailto:nelson.po@perthcatholic.org.au)

Resident Priest: Fr Joseph Laundry

E (Fr Joseph): [joseph.laundy@perthcatholic.org.au](mailto:joseph.laundy@perthcatholic.org.au)

### BENEDICTCARE COORDINATORS (TBA):

For Meals, Visiting, Transport, New Parishioners & Garden/Home Help, please contact parish office 08 9364 1120.

### PARISH INCLUSIVITY COORDINATOR:

Bev Piche — 0467 054 168

## 13TH SUNDAY IN ORDINARY TIME, YEAR A

### GOSPEL REFLECTION By Dianne Bergant CSA

Today we are faced with the cost of discipleship, but we are also comforted by the promise of the providence of God. Baptism is for us both death and life. Through it we enter into Christ's death and we die to lives of selfishness and sin. Through it we rise with Christ to a new life freed from everything that previously held us down. As glorious as this new life might be, it requires death to our old ways of living, and this is always difficult.

The cost of discipleship cuts right to the core of our beings, it lays bare the very structures of kinship. Baptism recreates us as children of God; through it we are given a new life and born into a new family. The bonds of discipleship are now even stronger than the bonds of blood. Discipleship requires our very lives. As disciples we can no longer put ourselves first. We must be willing to spend ourselves and to be spent, to serve others in the day to day unfolding of life. We may find such commitment very demanding, but that is part of the cost of discipleship. God promises that if we lose our lives in this way, we will really gain them. If we are unselfish in the way we share ourselves with others, we will be enriched through our generosity. If we spend ourselves and are spent in our service of others we will be filled with blessings unimaginable.

© Dianne Bergant CSA



**PREP COORDINATOR:** Maureen Bright

Email: [applecrossrelgedu@gmail.com](mailto:applecrossrelgedu@gmail.com)

**SACRAMENTAL COORDINATOR:** Rosa Ranieri

Email: [stbenedicts.sacraments@gmail.com](mailto:stbenedicts.sacraments@gmail.com)

**ST BENEDICT'S YOUTH GROUP:**

Daniel: 0466 575 037 Mark 0401 475 056

**Pastoral Care:** Yunita Lay

Email: [stbenedicts.pastoral@gmail.com](mailto:stbenedicts.pastoral@gmail.com)

**PARISH SAFEGUARDING**

**OFFICERS:**

Karl Brown,  
Marina Ciccarelli &  
Frances Meyerkort.



**Email contact:**

[applecross.safeguarding@gmail.com](mailto:applecross.safeguarding@gmail.com)

## PARISH NOTICES

### EVENTS

- ◆ 8 JULY — YOUTH MASS @6PM
- ◆ 9 JULY — PARISH MORNING TEA AFTER 7.30AM MASS (ROSTER: ADELE PARSONS & MEGAN DOWLING)
- ◆ 11 JULY — FEAST OF ST BENEDICT MASS @9AM
- ◆ 18 JULY — MODERN SLAVERY TALK @7PM-8.30PM
- ◆ 22 JULY — CONFIRMATION COMMITMENT MASS @6PM
- ◆ 23 JULY — CONFIRMATION COMMITMENT MASS @9.30AM



### ST BENEDICT'S CRAFT GROUP Winter Fair

Parishioners are invited to our mid-winter fair. There will be home-made jams, pickles and warm rugs to purchase along with a small range of other gifts, all in aid of the St Vincent de Paul Society.

Sunday 23rd July at 7.30 am and 9.30 am Masses only

### YOUTH CORNER

1. Youth Mass — 8 July @6pm
2. Youth Events are scheduled on the 1st & 3rd Sundays of every month after the 6pm mass.

### PARISH MORNING TEA INVITATION



**SUNDAY,  
9 JULY 2023  
AFTER 7.30AM MASS**

**ROSTER:  
ADELE PARSONS &  
MEGAN DOWLING**

### Prayer and Faith development small groups in our parish:

**Mary Mother of Sorrows:** a prayer group that spends quiet time of reflection, prayer, hymns of praise & thanksgiving and fellowship.

Meets Thursday @1pm in Albert Lynch room  
Enquiries: Elspeth 0488 683 310

**Build My Life:** focuses on growing faith through fellowship, loosely structured bible study & prayer.

Meets weekly Thursday evening @7pm in St Benedicts school staff room  
Enquiries: Steve 0412 207 750

**Christian Life Community (CLC)** is based on Ignatian Spirituality which is a powerful way of helping us make God-based decisions in our lives. [clcaustralia.org.au](http://clcaustralia.org.au)  
[ignatianspiritualitywa.com.au](http://ignatianspiritualitywa.com.au)

Enquiries: Kevin Wringe 0407 511 104

**The next ALPHA COURSE** [alpha.org.au](http://alpha.org.au)  
Starting 31/8/2023 @6.30-8.30pm at St Benedicts Church [www.stbenedicts.net.au](http://www.stbenedicts.net.au)

Registration: [alphaatstbenes@gmail.com](mailto:alphaatstbenes@gmail.com)

Enquiries: Dom 0404 803 408 or Nicole 0429 859 308

### PLANNED GIVING ENVELOPES NOW AVAILABLE

The envelopes for **the next financial year** is out for collection. Please remember to collect your box with your name on it (box number may change). If your envelopes are not there, please advise the Parish office on 08 9364 1120.



Another way of supporting the Parish through Planned Giving Programme is through the direct debit system, either by Direct Debit or Credit Card. Forms are available on the tables in the foyer or you may wish to contact the Parish office. Tap & Go machines are also available for 1st & 2nd collections.

As we are coming to the end of the financial year, now is a good time to bring your promised planned giving commitment up to date. The planned giving programme (Second Collection) is an important part of the Parish finances as it allows us to maintain the Church, Presbytery and Parish Administration Centre.

If you would like to join the Planned Giving Programme, please email [applecross@perthcatholic.org.au](mailto:applecross@perthcatholic.org.au) or call the Parish Office on 08 9364 1120.

Thank you for your generous commitment and continued support to the Parish.

### PRAY FOR THE SICK

*Please keep the following people in your prayers:*

Myrtle Nimmo, Sr Carla, Truus Botman, Patrick Thomas, Ng Chai Hong, Beatrice Leong, Helen Overman, Shalini Saldanha, Ng Choon Bee, Nick Odoriso, Michelle O'Brien, Liesel Beukes, Helen Teo, James Kelly, Thomas McGuire Marris and all others who are not included in this list. *Thank you.*



### ST BENEDICT'S FEAST DAY MASS TUESDAY, 11 JULY @9AM



### 2023 PROJECT COMPASSION RECEIPTS

Receipts are available for collection on a little table near the candle stand in the foyer. For the credit card donations, Caritas Australia will issue the receipts directly to you. If your receipt is not there, please contact the Parish office.

### PLEASE PRAY FOR RECENTLY DECEASED:

**Beryl Kerman** — Viewing & Rosary: Wednesday 5/7/23 @6pm. Funeral: Thursday 6/7/23 @1.15pm.

### ANNIVERSARIES:

Edwin Dick, Alison Keane, Brian Hackett, Bernice Monkhouse, Joan Paton, Patrick Gavin, Elsie Hall, Mary Gordon, Janet Cocks, Gianna Stocco and all deceased benefactors of the parish and all departed family and friends. *Thank you.*



**SAFEGUARDING INDUCTION TRAINING – LEVEL 1**

Wednesday 5 July, Online, 2pm to 3pm  
 Friday 21 July, Online, 10am-11am  
 Tuesday 25 July, Online, 7pm to 8pm  
 Monday 7 August, Online, 10am-11am  
 Wednesday 16 August, Online, 2pm to 3pm  
 Thursday 31 August, Online, 7pm to 8pm  
 To register <https://safeguarding.perthcatholic.org.au/training/#induction>.  
 Further info: [safeguarding@perthcatholic.org.au](mailto:safeguarding@perthcatholic.org.au) or 08 9221 7762.

**07 Jul CATHOLIC FAITH RENEWAL (CFR) PRAISE & WORSHIP EVENING**

Catholic Faith Renewal (CFR) invites you and your family to a Praise & Worship evening **Friday 7 July 7.30pm, Sts John & Paul Church, Willetton**. Features Songs of Praise, Mass and a talk by the Rev Fr Vincent Glynn, Episcopal Vicar for Education & Faith Formation, on “*Experiencing the presence of God in our lives: The Lens of Sacramentality*.” Admission is free. **Further info**; phone Charles 0413 755 799 or Ivan 0428 898 833.

**22 Jul GOOD SELF-CARE – ST THOMAS MORE PARISH BATEMAN**

All parishioners from the archdiocese are warmly invited to a three-part workshop on **Saturday 24 June and 22 July 9.30am to 11.30am, Bateman Parish, cnr Dean and Marsengo Roads, Bateman**. Workshop 1 will be on Good Mental Well-Being, will explore the science behind our mental well-being and will include insights by a qualified medical practitioner. Workshop 2 will focus on practical ways to look after Our Physical Health. Workshop 3 will be on Feeding the Soul and will demonstrate how our spirituality is the foundation of our Good Self-Care. Each workshop will be interactive, educational, inspiring and a great opportunity to grow together as a caring, sharing, content and healthy Christian community. This is a St Thomas Moore, Bateman Parish Council initiative. The workshops are cost free; however, seats are limited and will be offered on a first come first served basis. **Further info**; Mario Sequeira, [msequeira@iprimus.com.au](mailto:msequeira@iprimus.com.au) or [joe.obrien@perthcatholic.org.au](mailto:joe.obrien@perthcatholic.org.au).

**CATHOLIC ARCHDIOCESE OF PERTH - EMPLOYMENT OPPORTUNITIES**

The Catholic Archdiocese of Perth has a number of employment opportunities for suitably qualified persons to join its team and continue the good work of the Church. For details, refer to <https://www.perthcatholic.org.au/Employment.htm>.  
 • [Advisor, People & Culture – Fixed Term \(6 months\), 0.8 FTE - 1.0 FTE](#)  
 • [Executive Assistant to the Auxiliary Bishop and Episcopal Vicars – Permanent, FTE](#)  
 • [Executive Assistant, Finance and Administration – Permanent, 0.8 – 1.0 FTE](#)  
 • [Chaplain, Catholic Prison Ministry – Permanent, Part-Time \(Perth/Geraldton\)](#)  
 • [Office, Digital Records Migration \(Archives and information Governance Office\) - Fixed Term \(12 months\) Full-Time \(apply direct to recruitment@perthcatholic.org.au\)](#)

**Presence**

Lord, help me to be fully alive to your Holy presence.  
 Enfold me in your love.  
 Let my heart become one with yours.

**Freedom**

Thank you for the gift of freedom, Lord.  
 Grant that I may always choose to follow You.  
 Keep me ever mindful of your ways.  
 Of your love and concern for all people.

**Consciousness**

Sometimes I get overwhelmed by the cares of this world.  
 At times like these may I be aware of the comfort of your Presence,  
 Your infinite love for me.

**Conversation**

Friends don't keep secrets from one another.  
 As I pray, can I look at Jesus as my friend  
 And share my innermost thoughts with him  
 Trusting that He understands?

**Conclusion**

Thank God for His gift of love  
 As you go forth with joy and hope  
 To serve His people.

ST BENEDICT'S SCHOOL  
 2024  
 Pre Kindy & Kindy  
**LIMITED PLACES AVAILABLE**  
 Apply Online  
[www.stbenedicts.wa.edu.au](http://www.stbenedicts.wa.edu.au)

CHILDREN'S CORNER

**Complete the Text Maze:**

“Anyone who welcomes you, welcomes me.”

START

A	N	J	T	W	I	L	K
Q	Y	O	R	C	Z	P	O
K	O	S	F	M	E	S	Y
E	N	D	P	O	J	Y	D
W	R	E	L	C	R	O	Q
H	O	W	X	O	Z	U	W
O	E	T	E	M	I	R	E
W	U	A	F	R	O	C	L
E	T	C	K	L	M	A	C
S	P	Z	I	R	E	S	M
Q	A	E	D	C	V	X	E

FINISH



Jesus says that by welcoming others, we will be rewarded.  
 Draw a picture of yourself making someone feel welcome



**Church/School Parking – Reminder**

Please park on the allotted bays in the church carpark and in the school carpark at Alness Street. **Do not park on the neighbouring residents' lawns across the road from the church.** Thank you.



**NEXT WEEK'S READINGS: 14th Sun in Ord Time, Year A**

1st: Zech 9:9-10      Ps: 144:1-2, 8-11, 13-14  
 2nd: Rom 8:9, 11-13      Gospel: Mt 11:25-30



READINGS FOR THE DAY

**Entrance Antiphon** Ps 46:2

All peoples, clap your hands.  
Cry to God with shouts of joy!

**First Reading** 2 Kgs 4:8-11. 14-16

A reading from the second book of the Kings

*That is the holy man of God, let him remain there.*

One day as Elisha was on his way to Shunem, a woman of rank who lived there pressed him to stay and eat there. After this he always broke his journey for a meal when he passed that way. She said to her husband, 'Look, I am sure the man who is constantly passing our way must be a holy man of God. Let us build him a small room on the roof, and put him a bed in it, and a table and chair and lamp; whenever he comes to us he can rest there.'

One day when he came, he retired to the upper room and lay down. 'What can be done for her?' he asked. Gehazi (his servant) answered, 'Well, she has no son and her husband is old.' Elisha said, 'Call her.' The servant called her and she stood at the door. 'This time next year,' Elisha said 'you will hold a son in your arms.'

**Responsorial Psalm** Ps 88:2-3. 16-19. R. v.2

(R.) Forever I will sing the goodness of the Lord.

1. I will sing for ever of your love, O Lord;  
through all ages my mouth will proclaim your truth.  
Of this I am sure, that your love lasts for ever,  
that your truth is firmly established as the heavens. (R.)
2. Happy the people who acclaim such a king,  
who walk, O Lord, in the light of your face,  
who find their joy every day in your name,  
who make your justice the source of their bliss. (R.)
3. For it is you, O Lord, who are the glory of their strength;  
it is by your favour that our might is exalted:  
for our ruler is in the keeping of the Lord;  
our king in the keeping of the Holy One of Israel. (R.)

**Second Reading** Rom 6:3-4. 8-11

A reading from the letter of St Paul to the Romans

*Having been buried with him through baptism, we shall walk in a new life.*

When we were baptised in Christ Jesus we were baptised in his death; in other words, when we were baptised we went into the tomb with him and joined him in death, so that as Christ was raised from the dead by the Father's glory, we too might live a new life.

But we believe that having died with Christ we shall return to life with him: Christ, as we know, having been raised from the dead will never die again. Death has no power over him any more. When he died, he died, once for all, to sin, so his life now is life with God; and in that way, you too must consider yourselves to be dead to sin but alive for God in Christ Jesus.

**Gospel Acclamation** 1 Pt 2:9

Alleluia, alleluia!

You are a chosen race, a royal priesthood, a holy people. Praise God who called you out of darkness and into his marvellous light.

Alleluia!

**Gospel** Mt 10:37-42

A reading from the holy Gospel according to Matthew

*Anyone who does not accept his cross is not worthy of me. Anyone who welcomes you, welcomes me.*

Jesus instructed the Twelve as follows: 'Anyone who prefers father or mother to me is not worthy of me. Anyone who prefers son or daughter to me is not worthy of me. Anyone who does not take his cross and follow in my footsteps is not worthy of me. Anyone who finds his life will lose it; anyone who loses his life for my sake will find it.

'Anyone who welcomes you welcomes me; and those who welcome me welcome the one who sent me.

'Anyone who welcomes a prophet because he is a prophet will have a prophet's reward; and anyone who welcomes a holy man because he is a holy man will have a holy man's reward.

'If anyone gives so much as a cup of cold water to one of these little ones because he is a disciple, then I tell you solemnly, he will most certainly not lose his reward.'

**Communion Antiphon** Cf. Ps 102:1

Bless the Lord, O my soul,  
and all within me, his holy name.

MINISTRY SCHEDULE — 8 & 9 JULY 2023

	SAT 6PM	SUN 7.30AM	SUN 9.30AM	SUN 6PM
ACOLYTE	ADRI SUDJANA	MIKE KILROE	DENIS RIGG	PETER MOORE
ALTAR SERVERS	IHILOSEN & ESEOSE ITOTOH DOMENICO DE FELICE		DANIEL & CHRISTIAN VINCI JOEY VILLEGAS	SACHA AUTON VALERIE & RAPHAEL WIBAWANTA
COMMENTATORS	YOUTH MASS	JACQUIE HERON	CHRIS HACKETT	BEV PICHE
COLLECTORS	YOUTH MASS	FRANK GERICEVICH	ROGER BUNN LILI ORIFICI	JOE CINANNI CHRIS JOSEPH
READERS	YOUTH MASS	SALLY HOBDAV MONICA ANDERSON	PAUL VINCI MOIRA BUNN	MAISIE CINANNI ANDREA D'SOUZA
EMOHC	YOUTH MASS	ALICE BATY	RUTH THORN TERET BROCKWAY	KEVIN AUTON JILL NORTON
ALTAR SOCIETY: JOSEPHINE YUSTIRA			PILGRIM STATUE: MERY TAN	
COUNTERS:	MEGAN DOWLING, LYNLEY BIANCUZZO, ANTONELLA HENDERSON & CHRISTINE STIPINOVIC		CHILDREN'S LITURGY: —	