

Growing in Love

Come and join us for a mini retreat to learn more about being loved and loving others through the challenges that come with everyday experiences.

Presenter: Murray Graham

Topic: 'Growing in Love'

Format:

Input and silent reflection

Content includes:

- A deepening of the Spirituality introduced in the talk 'Resilience in the Family'.
- The link between 'being loved' and 'changing behaviour'.
- How to 'grow in love' through everyday experiences.
- The importance of 'connecting' and 'belonging'.
- Some ways of personal prayer.



Saturday 7th August

4.00pm - 5.30pm

Followed by tea and coffee.

Attendees are encouraged to stay for 6.00pm Mass.

Admission is free (donations are welcome).

St Benedict's Parish Centre, Cnr Canning Hwy & Ardross St, Ardross